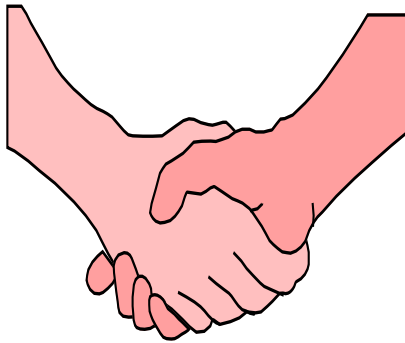


Journey Together Conference 2026

A Conference for Addiction Professionals

**Presented by
Middle Tennessee Association
for Addiction Professionals**



Franklin Marriott Cool Springs
700 Cool Springs Blvd
Franklin, TN 37067
(615) 261-6100
(800) 228-9290

September 7th, 8th, 9th, 10th, 2026

**Conference begins Monday, September 7th
with Workshops beginning at 4:00pm**

Conference

General Information

Program Description and Objectives

The overall goal of the conference is to bring together professionals working with addictions, substance use disorders, prevention and treatment. Participants will explore a variety of topics related to the medical, psychological, and familial aspects of the disease of addiction and share knowledge, expertise, and resource networking.

Participants who attend this conference will:

- explore the impact of substance use on adolescent, adult and justice-involved adult clients and family systems;
- be introduced to the latest research and clinical interventions in addressing the relationship between alcohol and other drug use, mental disorders, abuse, other addictions and the newest treatment modalities;
- understand and practice creative and unique treatment approaches, identifying other addictions, treatment issues when working with adolescents and adults, addressing relapse prevention, ethics, self-care and other professional issues.

Welcome to the Journey Together Conference!
The conference committee would like to thank
each of you for your support and participation.

Hospitality Suite in Appaloosa Room hours:
Tuesday - Thursday, open 7:30am - 6:00pm
Closed during lunch from 12:00 noon -
2:00pm everyday
Coffee is available during morning and afternoon
breaks in the lobby.

■ Please join and “like” us on Facebook at
■ MTAADAC and Go to www.TAADAC.org
■ for updates regarding educational
■ opportunities, meeting updates,
■ Conference registration and more.

Continuing Education, LADAC Licensure and License Renewal Hours, and Social Work CE credits

This conference has been planned and implemented in accordance with the credentialing standards of the licensed Alcohol and Drug Abuse Counselor standards and provides **26.5** possible CE credits total. Credit hours can be broken into eight domains for those individuals pursuing licensure. This program was approved by the National Association of Social Workers – Tennessee Chapter (Provider Number: (NASW-TN 2026 – 0060) for **26.5** continuing education units.

Conference Etiquette: Participants are asked to silence cell phones when attending sessions. Please step outside when responding to a call.

Conference Credits: Each participant is responsible for recording his or her attendance at workshops and should claim only those hours of credit actually spent in educational activities. Please take a picture of your verification form for your records before submitting it.

Breakout Sessions: Plenaries and some workshops are in the Champion Ballroom, Salons 6-10. Workshop designations will be posted in the lobby area, in your registration materials and by the meeting room doors.

Conference Registration

Registration is located in the **Morgan Room** throughout the conference. It may be closed during workshops so everyone has the opportunity to attend sessions.

Printing of Workshop Handouts

Please print handouts for your workshops prior to the conference. Handouts that have been submitted by presenters can be accessed in the week prior to the conference and downloaded at:

www.TAADAC.org/conferences/Presentations

Stay Warm! Remember to bring a sweater or jacket as we cannot control the temperature in the training rooms.

Registration begins at 3:00 pm Monday, September 7th in The Morgan Room

Welcome to our Journey Together Conference! To begin your experience, visit our registration staff in the Morgan Room to sign in, receive your name badge and conference materials. During your three and a half day journey be sure to visit the exhibitor tables and hospitality suite, network with colleagues from across the state and participate in a variety of workshops. If this is your first conference journey, we suggest you attend “Journey Together Conference -Mapping out a Successful Experience” workshop on Monday afternoon to enhance your experience.

PLENARY PRESENTER BIOGRAPHIES

Frances Patterson, PhD, LADAC II, MAC, DAC, QCS Tuesday Plenary Speaker

Frances has worked as a counselor and program administrator in treatment programs for 37 years, providing clinical supervision for almost 33 years. She is the owner of Footprints Consulting Services in Nashville. She provides client education, program consultation, professional training, and clinical supervision. Frances has conducted professional training statewide and nationally for over 30 years on a variety of topics in addictions, mental health and professional counseling. She has been chair of NAADAC’s clinical issues committee and ethics committee member. She has served as NAADAC SE regional VP, is a member of the Trainers Academy, and is a trainer for “Trainings by NAADAC”. She received the MTAADAC Professional of the Year in 2004 and the MTAADAC and TAADAC Lifetime Achievement Awards in 2005. She received NAADAC’s Professional of the Year award in 2006. Frances has published articles in professional magazines and in 2020 completed her book “The Addiction Supervisor’s Toolbox”.

Karen Moran, LADAC II, NCAC II, QCS Wednesday Plenary Speaker

Karen Moran, CEO and founder of Karen Moran Consulting, LLC, co-founder of Gentle Way, LLC, group practice and training center, and Gentle Way Podcast with Kathryn Benson, has actively promoted healing and recovery since 1989. Recognized for her specialized skills with teens, adults and family systems challenged with substance abuse disorders, Karen also has a passion for supervision and clinical training of SUD professionals. Karen was recognized and honored by her colleagues with both the MTAADAC and TAADAC Counselor of the Year Awards and Professional of the Year Awards. She is certified as Qualified Clinical Supervisor, Level II Licensed Alcohol and Drug Abuse Counselor, and a Level II Nationally Certified Addiction Counselor. Karen shares her knowledge and experience in workshops, training venues and keynote addresses. She has held the office of MTAADAC president, has been an attendee at the Journey Together Conference since 1999, and has served on the Journey Together committee. When not attending to business, Karen enjoys chasing waterfalls, ice plunging with friends, attending Broadway Musicals, and traveling to new places on the globe. .

Samuel MacMaster, PhD Thursday Plenary Speaker

Prior to entering academia in 1999, Sam worked as a clinician for over a decade in a variety of addiction treatment settings. He is currently an Associate Professor of Psychiatry and Behavioral Sciences at Meharry Medical College and was previously a member of the faculty of the Department of Family and Community Medicine at Baylor Medical College and the College of Social Work at UT. He is an expert in the behavioral health field with over 3 decades of experience in the design, delivery, and evaluation of innovative approaches to services. He is a frequent speaker at academic and industry conferences across the globe. He has published three books and over 75 peer-reviewed articles. A person living in long-term recovery for over 37 years, he remains a tireless advocate for all individuals who struggle with health and wellness.

PLENARY SESSIONS—KEYNOTE SPEAKERS

Tuesday, September 8th

Frances Patterson, PhD, LADAC II, MAC, DAC, QCS

“Unconscious Bias...Not that I am Aware of”

As humans, we all have biases. They develop as a result of life experience, training, perceptions, etc. It is our brain's way of taking short cuts. We certainly are aware of some biases we hold and may strive to overcome them. But what about those that are below the surface, underneath our level of awareness? During this training, through didactic, discussion and multimedia methods, Frances will help participants explore different types of unconscious bias, how they may influence our judgments and choices and begin to raise self-awareness to overcome them.

Wednesday, September 9th

Karen Moran, LADAC II, NCAC II, QCS

**“What happens in Vagus, Stays in Vagus?
Treatment Identifications and Intervention
within LADAC Scope of Practice ”**

This plenary will offer participants the opportunity to access a thorough and easily understandable common language for trauma identification, which will enhance client insight in pursuit of relief and healing. Easily utilized intervention tools that fall within scope of practice to increase treatment effectiveness and outcomes, utilizing the Trauma Egg, as well as Polyvagal exercises for emotional regulation, resulting in a reduction in the intensity of trauma symptoms will be discussed. Participants will explore what trauma IS, distinguishing between a traumatic event versus unresolved trauma as a physiological experience.

Thursday, September 10th

Samuel MacMaster, PhD

**“The Wounded Healer: The Development
of a Professional Self for Longevity in the Field ”**

Sam will introduce the concept of "the wounded healer" as a basic building block for ethical care in the field. A shadow for many who work in the field, the wounded healer is often celebrated, but the impact that our unacknowledged parts can negatively impact our clients and coworkers if unchecked. Emphasis will be on the need to develop a professional self separate from a personal self, how to develop a culture and climate of staff health within an organization, areas for staff training, focusing on health as a mode of service delivery, boundary issues, and healthy unselfishness.

Monday, September, 7th

Evening Session

M1-M3 4:00-5:25

M4-M6 5:35-6:55

M7-M9 7:05-8:30

M1

Susan Cunningham, LCSW, LADAC II

Jane Taylor, BSW, LADAC II

**“Journey Together Conference -
Mapping out a Successful Experience”**

You've read the brochure but still have questions. Possibly, you attended last year and hope this year you get more out of the three and half days. Regardless of how often you've attended, this workshop will help you get the most from your experience. Our goal is to map out the journey from start to finish and make this an awesome experience where you learn and earn credits, make new professional relationships and the seed is planted for you to return every year.

M2

Kathy Ward, LADAC

“Recovery Protection:

Rewiring the Brain for Sustainable Recovery”

What if relapse prevention alone isn't enough? Early recovery is not just about avoiding substances - it's about rewiring the brain. This training introduces the Recovery Protection model, a neuroscience-informed approach that helps professionals shift from fear-based “don't use” language to identity driven, strengths-based change. Participants will learn how the brain heals, how thought patterns shape neural pathways, and how to intentionally build protective circuits that support lasting recovery.

M3

Jerry Jenkins, M.Ed., LADAC, MAC

**“How does an organization get the right person
in the driver's seat? ”**

Ever wonder how an organization selects a Chief Executive/Executive Director? This workshop will delve into practices being utilized today to make such critical decisions. Perspectives will include Board members, key informants including organizational staff as well as potential applicants.

M4

Mike Coyne, CIP, FAS

Janice Johnson Dowd, MSSW, LMSW

“Gas Station Drugs:

Emerging Threats in Addiction and Public Health”

Unregulated psychoactive substances such as kratom, tianeptine, and phenibut are increasingly sold in gas stations, smoke shops, and online, often marketed as “natural” or “legal” alternatives. This session helps clinicians recognize warning signs, assess risk beyond standard substance-use screening, and respond using trauma-informed, harm-reduction approaches. The workshop also explores ethical concerns and unintended consequences of emergency bans, equipping professionals to navigate evolving public-health and policy challenges.

PRESENTERS AND WORKSHOPS

M5

Caroline Corine, BFA, LADAC, CYT

“Get Out of Your Mind and Into Your Body:

Using NSDR (No Sleep Deep Rest) to Treat Trauma & Addiction”

This is an experiential workshop exploring how Yoga Nidra directly regulates the nervous system to reduce cravings, anxiety, and AMA discharges in addiction treatment. Participants will experience a live NSDR practice and learn practical, trauma-informed strategies to improve engagement, retention, and emotional regulation using a low-cost, evidence-informed intervention.

M6

Robert Chapman, MSSW, LMSW, LADAC

“Encountering the Caverns via The Trauma Color Wheel”

This presentation introduces the Trauma Color Wheel, a clear and practical framework for understanding diverse forms of trauma within and beyond the family of origin. Participants will explore trauma wound bases, scene-driven dynamics, and the relationship between trauma and addiction. Each color and its corresponding wound base will be reviewed, with selected film clips to illustrate concepts and enhance clinical application through a trauma sensitive lens.

M7

Kathy Ward, LADAC

Cassidy Berry, MS, OTR/L

“Rewiring Recovery: The Neuroscience of Structure, Skill-Building, and Occupational Therapy in Addiction Treatment”

Addiction disrupts brain regulation, executive functioning, and daily structure — not just behavior. While counseling addresses trauma and emotional healing, many individuals relapse due to impaired routines and occupational void. This session explores the neuroscience of addiction, reframes recovery as functional reconstruction, and highlights the complementary role of Occupational Therapy in rebuilding structure, identity, and sustainable sobriety within recovery communities.

M8

Cinde Stewart Freeman, RN, MA, MAC, LADAC II, QCS

“Ethics in the Information Age”

With technology integrated into our daily lives, both promises and pitfalls are present in its expansion. How will this impact the person to person connection at the heart of counseling? An overview of technology progression with research findings set the stage for a deeper dive into the inevitable ethical situations that will arise. We will delve into what the NAADAC Code of Ethics has to say, exploring scenarios challenging us to put these into use.

M9

Robert Chapman, MSSW, LMSW, LADAC

“Encountering the Caverns via the Family Roles and Trauma Reenactment”

This presentation examines family roles and trauma reenactment as adaptive responses to unresolved trauma. Participants will review the historical framework of family roles, explore how these roles emerge from trauma-related scenes, and examine trauma reenactment through the 3 motifs of Return, Attract, and Repel. A scene-driven trauma framework is utilized throughout. This presentation serves to illustrate the relationship between trauma reenactment and addictive behaviors, supporting clinical understanding and intervention.

PRESENTERS AND WORKSHOPS

T1

Kristen Robinson, LADAC II, QCS

“Fast & Fake vs. Slow & Strong

The Speed of Healing: What Addiction Professionals Need to Know ”

In addiction treatment, coping skills are often confused with quick relief. This session challenges that myth by contrasting fast, unhealthy coping strategies with slow, sustainable approaches to healing. Participants will explore how urgency, avoidance, and dopamine-driven behaviors impact recovery and professional burnout. Through discussion and art-based activities, attendees will learn how to help clients—and themselves—shift from short-term relief toward long-term capacity, regulation, and ethical therapeutic wellness.

T2

Kathryn Benson, LADAC II, NCAC II, QCS

Frances Patterson, PhD, LADAC II, MAC, DAC, QCS

“Ethical Challenges in Clinical Supervision” Part 1

During this workshop, Frances and Kathy will lead discussion about effective supervision methods. As supervisors, supervisees will “listen” to our behaviors and professional interactions much more than our words. When we agree to be a supervisor, we are agreeing to be held to the highest standards of ethics and professionalism. Included will be activities, role plays and multimedia to enhance learning of supervision skills in creating a safe and ethical supervision environment.

T3

James Clemmons, LADAC II

“Burnout to Balance: Contrast Therapy for Counselors”

Addiction professionals work in high-stress environments that increase risk for burnout and secondary trauma. This workshop explores sauna and contrast therapy as evidence-informed resilience tools to support nervous system regulation, recovery, and sustainable practice. Participants will review relevant research, including findings from a residential SUD program, and learn practical, safety-focused strategies for integrating structured heat and cold exposure into counselor self-care routines.

T4

Jon Buffington, LCSW, LADAC II

“Understanding Family Systems”

During this session, we will explore the different roles our clients and their family members play within the family unit from a Family Systems perspective. Additionally, Jon will explore how this information can both inform and direct our way of working with clients in both an individual, group and family therapy setting specifically dealing with substance abuse clients.

T5

Simone Henderson, BS, LADAC II, NCAC II

Genesis Meijas-Cruz, BS

“Are you a safe person?”

During this session, participants will learn how intersectionality impacts clients and counselors alike. We will discuss examples of harm from prejudice, how institutions perpetuate these ideas, and how it impacts our engagement with clients.

T6

Susan Cunningham, LSCW, LADAC II

“Aging, Connections and Addiction”

Whether it is 60, 70 or beyond, these are the years that many people look forward to having a grand time with family and friends, new hobbies, volunteering to give back, and travel along with other possibilities. Somehow the story of possibilities change and don't work out. This process group will look at the impact of this disruption in life as older adults begin or increase their substance use for coping. This process group will look at the unique needs of serving and treating older adults in recovery. We will discuss how we can ensure that older adults feel heard and valued. We will explore the impact of co-occurring conditions, social connections, cross-cultural implications of aging, and grief and bereavement to facilitate building resilience and flourishing.

**T7 Kathryn Benson, LADAC II, NCAC II, QCS
Frances Patterson, PhD, LADAC II, MAC, DAC, QCS
“Ethical Challenges in Clinical Supervision” Part 2**
This session is continued from T2 session. You do not have to attend T2 to participate in T7.

**T8 Karen Morgan, P-LPC, LADAC II, MAC, QCS, SAP
“Healing Attachment Wounds in Addiction Treatment:
An Introduction to Emotional Attachment Behavioral Therapy (EABT)”**
This engaging session introduces Emotional Attachment Behavioral Therapy (EABT), a trauma-informed, attachment-based approach to addiction treatment. Participants will learn how early attachment experiences shape emotional regulation, coping behaviors, and substance use patterns. The presentation reviews the four attachment styles, highlights research linking insecure attachment to relapse risk, and provides practical tools clinicians can immediately use to identify attachment triggers, unmet needs, and pathways toward secure attachment and sustained recovery.

**T9 Raymond Blackwell, LADAC II
“Building & Maintaining Motivation”**
This workshop aims to demonstrate how the core components of Motivational Interviewing—Desire, Ability, Reason, and Need (DARN)—can be used to help clients discover and enhance their motivation by focusing on and re-evaluating these internal factors. This approach is based on the principle that change stems from internal needs, which in turn drive desire, providing the conviction necessary for greater change.

**T10 Christine Ragsdale, LADAC II, NCAC II
“Experiential Group Therapy Made Simple: A Live Demo of “Who Am I?”**
Experience a simple, replicable structure for experiential group therapy through a live demo of “Who Am I?” Participants will take part in grounding exercises, a concise identity-centered instructional segment, an Old Self/Emerging Self activity, and guided integration. Subsequently, facilitation techniques will be reviewed, focusing on safety, the use of choice-based language, time boundaries, intensity management, and modifications for clinical settings. Participants leave with facilitator prompts and a step-by-step group flow for immediate use.

**T11 Peter Hodes, MBA
“Introduction to Tai Chi”**
Stand up and follow us for this Introduction to Tai Chi. These simple movements are safe for all and bring enormous health benefits - both physically and mentally. We will learn a variety of movements that can be done by anyone no matter the current conditions. Learn Tai Chi and Feel BETTER! Beginners always welcome!

**T12 Kathryn Benson, LADAC II, NCAC II, QCS
Frances Patterson, PhD, LADAC II, MAC, DAC, QCS
“Ethical Challenges in Clinical Supervision” Part 3**
This session is continued from T7 session. You do not have to attend T2 and T7 to participate in T12.

**T13 Caroline Corine, LADAC
“Shut Up and Dance:
Music and Somatic Interventions in Addiction Counseling”**
This is an experiential workshop exploring how music and movement regulate the nervous system, reduce PAWS symptoms, and build distress tolerance in early recovery. Through interactive demonstrations and practical tools, participants will learn how rhythm, singing, and somatic exercises strengthen coping skills, support trauma healing, and foster connection. Attendees will leave with accessible, ready-to-implement interventions to make recovery engaging, embodied, and fun.

**W1 Karen Moran, LADAC II, NCAC II, QCS
“Vagal Toning 101
(Otherwise Known as an Opportunity to Practice What We Preach)”**
Participants will engage in experiential exercises referenced in the plenary in order to assist in personal self regulation. This will enhance the clinical experience for counselor and client when the clinician is able to rebound from an activated body state to a state of calm in order to assist activated clients in co-regulation. Participants will be strongly encouraged to identify, examine, and create a plan for areas of clinical performance that have been affected by dysregulation and counter transference.

**W2 Charlz Harper, LADAC II
“Difficulties of Change”**
Have you ever asked yourself “Why don’t clients get it?” This presentation will explore some of the reasons why clients just don’t understand and ways to help reach them through MET - Motivational Enhancement Therapy - with techniques to help you understand where they are and why their emotional maturity level is not where it needs to be for sustainable recovery. We will explore how society and social engineering create more problems than solutions for everyone.

**W3 Cinde Stewart Freeman, RN, MA, MAC, LADAC II, QCS
“The Bridge to Action: Integrating Steps 2 and 3 into Clinical Practice”**
This workshop examines the development and practicality of the 12-Step Program's Step 2 and 3, looking at how issues of complex grief, trauma and common co-occurring disorders may pose barriers to be navigated. Participation in selected Acceptance Commitment Therapy (ACT) and Narrative Therapy tools will spark ideas of how these tools and the larger theory/skills of these counseling approaches can be used to assist the client's progress.

**W4 Jerry Jenkins, M.Ed., LADAC, MAC
“Handling Country Counseling Conundrums”**
Some say that Substance Use Disorder (SUD) counseling is the same regardless of setting or location. This may not be accurate for a counselor or peer support specialist working in a rural setting. Rural settings can and do bring clinical, logistical as well as ethical challenges. This workshop will use scenarios to highlight some of the possible ethical issues working in rural settings can bring.

**W5 Thad Oliver, PhD, LADAC II
“Neuroscience, art, or faith? Yes please!
Integrating brain science, imagination, and devotion in long-term recovery”**
Recovery is often framed through competing lenses: neuroscience explains behavior mechanically, art transforms suffering into expression, and faith grounds change in meaning. This session integrates these through the shared human process of differentiation. Participants will explore how people move from chaos to articulated meaning and will learn an integrated model supporting sustainable recovery from addiction, trauma, and despair.

**W6 Karen Moran, LADAC II, NCAC II, QCS
“A Closer Look at the Trauma Egg:
A Tool for Shame Reduction and Self-Compassion”**
Participants will gain a deeper understanding and enhance competency around utilizing the Trauma Egg as a tool that effectively enhances client insight and self-compassion, while reducing shame. Participants will have an opportunity to engage in a hands-on experience with this tool and the therapeutic possibilities it offers.

**W7 Samson Teklemariam, LPC, CPTM
“Understanding employee burnout and the Ethics of self-care”**
This session addresses preventing and recovering from burnout, compassion fatigue, and vicarious trauma for healthcare professionals. Participants in this training will learn to assess burnout and vicarious trauma using evidence-based tools, while setting professional development goals across eight self-care domains. Interactive exercises will result in an updated self-care maintenance plan, tailored for the behavioral healthcare professional.

W8 Jodi Oliver, PhD, LPC-mhsp, NCC
“Relational Harm and Recidivism: Preventing Relationally-Driven Relapse”
Addiction relapse is often relationally driven. This workshop explores how coercive control and harmful attachment dynamics dysregulate the nervous system and increase recidivism risk. Participants will learn to identify relational harm patterns, integrate somatic warning signals into relapse prevention, and apply radical acceptance and attuned presence as protective clinical strategies in long-term recovery work.

W9 Jon Buffington, LCSW, LADAC II
“Addressing Communication/Conflict Management Needs in SUD counseling from an individual, family and group counseling perspective”
This topic will address the differences between effective and ineffective communication as well as conflict management and how to approach this topic effectively whether in a group, family or private setting. Components of this presentation will include a conflict resolution frame work that will be incorporated in experiential ways that will use willing audience participants.

W10 Curtis Long, LADAC I
“Examining 12-Step Recovery and Language Through a Trauma-Informed Lens”
This presentation examines 12-Step recovery and its language through a trauma-informed lens. Using clinical experience, trauma-informed principles, and lived recovery, the presenter will explore how traditional recovery language and practices may unintentionally impact trauma survivors. Participants will be invited to reflect on recovery concepts such as powerlessness, accountability, and sponsorship, and consider trauma-informed alternatives that support safety, empowerment, and choice within recovery spaces.

W11 Ross Lester, Founder of Everybody Drum Some
“Drumming for Life ”
Ross and Everybody Drum Some will conduct a low-stress, enjoyable drum circle for all interested conference attendees. Participants will experience collaborative music making in a relaxed environment and will leave feeling refreshed, energized, and encouraged. No experience or skills required.

W12 Orisha Bowers, MEd, PhD
“Restorative Healing Pathways: Integrating Mindfulness, Sound, and Wellness Practices in Addiction Care ”
This experiential session introduces participants to restorative practices, mindfulness-based strategies, and sound-healing techniques that support individuals and families impacted by addiction. Participants will explore how these modalities can reduce stress, regulate the nervous system, deepen connection, and strengthen recovery-oriented relationships. The workshop blends theory, demonstration, and guided practice, offering clinicians and service providers tools they can immediately integrate into treatment, prevention, and relapse-prevention work.

W13 James Nihan, LADAC
“Totems and Metaphors: A Medicine Wheel Experience”
Many of our clients have an aversion to the religious beliefs they were taught, and are rigidly opposed to the idea of surrender or of asking for help. The use of metaphor can open a door to introspection, and that can lead to improved trust and connection. The medicine wheel and its totems provide an opportunity for us to awaken and increase our awareness, using the symbolic traits of our animal friends, as well as the four directions that represent the cycle of life. The group will include educational information, music and meditation. Participants may process personal insights and engage in Q&A. Handouts will be provided. Chairs will be available, as well as a dozen pillows. Bring a personal blanket or pillow, if desired, to ensure comfort.

TH1 Samuel MacMaster, PhD
George Massengill, BSSW, LADAC II
“Keeping Clients in the Continuum of Care”
This presentation provides participants with strategies to improve engagement, retention, and continuity of care across the treatment continuum, from outreach and treatment initiation to long-term recovery support and community reintegration. Emphasis will be placed on person-centered and trauma-informed approaches, including motivational interviewing, peer recovery support services, case management, harm reduction, culturally responsive care, and effective transition planning between levels of care. Through practical examples and implementation-focused discussion, participants will gain actionable tools to strengthen therapeutic engagement, reduce treatment dropout, enhance care coordination, and improve long-term recovery outcomes for individuals with mental health and substance use disorders.

TH2 Ryan Bundren, M. DIV., PhD(c), LADAC II, CAADC
“Addiction as an Attachment Disorder: What Couples Therapy Taught Me about Treating Addiction”
This presentation will explore the concept of addiction as an attachment disorder. Ryan will examine how addiction is formed through interaction with an object of addiction and how this object initially functions as a secure base by providing relief before inevitably evolving into an addiction. Participants will learn how understanding addiction as an attachment disorder informs treatment and how basic concepts from marriage and family theories may be used with individuals experiencing addiction.

TH3 Alex Tucker, LADAC-II, CADAC-II, CCHP
“The Ethics of Boundaries and Healthy Connection With Clients”
This presentation will focus on the ethical responsibility of practitioners to develop a healthy connection and rapport with clients while maintaining healthy boundaries. We will cover topics including: ethical responsibility of modeling healthy boundaries in our personal relationships, understanding what rapport is and what it is not, discussing our potential desire to "control" the outcomes of our clients and our ethical responsibility to address our own personal feelings related to their outcomes, discussion surrounding our ethical responsibility to set healthy boundaries inside and outside of the client relationship, and tools to set healthy boundaries while maintaining rapport with clients.

TH4 Ross Sparboe, LADAC II, LMSW
“Collegiate Recovery—A Perspective on a Special Population”
This presentation will explore the 4 major domains of collegiate recovery, health, home, purpose, and community. Special emphasis will be placed on available community resources for this domain. Ross will discuss the past, present and future of the community aspect of recovery during this presentation. Participants will be able to identify community resources within the state of Tennessee and a list of recovery resources will be provided.

TH5 Ken Garber, LADAC II
“Beyond Subtraction: Building a Life That Adds Up”
Participants will explore the linguistic and visual clues within the word “Addiction” itself: focusing on the C (the Core) to transform Addiction to Addition. Using object lessons – including the “Coffee and Water” demonstration and the “Tale of Two Wolves” through a numerical lens – this session provides a sticky, memory-focused framework for helping clients “Crowd Everything Out (CEO) of their toxic mindsets by feeding their solutions rather reacting to their problems.

TH6 **Samuel MacMaster, PhD**
“Presentation Title: Treating Older Adults with Cannabis Disorder:
Emerging Trends, Clinical Challenges, and Evidence-based Approaches”

This presentation provides clinicians with an evidence-based overview of emerging trends in cannabis use among older adults, associated health and psychiatric risks, screening and assessment considerations, and effective treatment approaches, including motivational interviewing, cognitive behavioral interventions, harm reduction strategies, and integrated care models. Participants will gain practical strategies to identify problematic cannabis use, improve patient engagement, reduce adverse outcomes, and support healthy aging and recovery in older adult populations.

TH7 **Irene Bernard, DMin, LADAC II, CAADC, CPRS II, QCS**
“GAL: Beyond the Heartbreak; Blueprint for Resilience”

This experiential training session introduces clinicians to GAL: Beyond the Heartbreak – Blueprint for Resilience, a transformative approach to grief, attachment concerns, and substance use recovery. Participants will actively engage with evidence-based strategies blended with innovative techniques and spiritual principles, gaining practical tools to guide clients toward resilience and renewal. Irene shares insights from her extensive clinical experience, empowering professionals to help individuals move from heartbreak to healing at the intersection of science and hope.

TH8 **Simone Henderson, LADAC**
Tammy Rohane Henderson, LADAC
“Arc of Choice”

During this session, participants will engage with the how the brain-body connection works when making decisions. We will discover the step-by-step process that happens when at risk of a relapse, learn why it happens in the brain first, and how to disrupt the thought processes to make low-risk decisions instead.

TH9 **Julie Bradley, LADAC II**
Deborah Malaga, LADAC II
“Nourishing the Brain, Regulating the Body”

This workshop explores how nutrition and drumming/ bilateral rhythmic movement work to restore brain function and regulate the nervous system in recovery. Participants will examine the role of key vitamins and whole foods in neurotransmitter production, the impact of rhythm and bilateral stimulation on trauma and emotional regulation, and the synergistic relationship between nutrition and movement in restoring the brain’s reward system.

TH10 **Janice Johnson Dowd, MSSW, LMSW**
“The Developing Adolescent Brain:

Neurobiology, Risk-Taking, and Substance Use Vulnerability ”

Adolescents are often seen as impulsive, emotional, and unpredictable, but neuroscience reveals a more compassionate story. This presentation examines the dynamic changes happening in the teenage brain and how these shifts affect behavior, decision-making, risk-taking, emotional regulation, and relationships. Participants will leave with a neuroscience-informed perspective for working more effectively with teens. We'll simplify complex concepts using accessible, real-world language, connecting the latest research to the everyday challenges faced by educators, caregivers, and youth-serving professionals.

**Certificates will be available in the Morgan room at the end of
Thursday afternoon workshops**

The Journey Together Conference Welcomes all attendees to YOUR conference this year!

TAADAC mission

As an association for addiction professionals we
educate, advocate, and promote healthy
communities for an addiction free Tennessee.

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Our special thanks to The Davidson County Sheriff’s Office Color Guard

The color guard will open the Conference
with the presentation of the Flags
Pledge of Allegiance led by Darleen McClung
National Anthem led by Caroline Corine

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Thank you to those who offer the morning meditations:

Kathryn Benson
Kristen Robinson
Cassie Gray

.....

**The Middle Tennessee Association for
Addiction Professionals
would like to offer our special thanks and
acknowledge the following benefactors of our
conference:**

TAADAS

**MEMPHIS AND SHELBY COUNTY ADDICTION AND
BEHAVIORAL HEALTH TREATMENT CONSORTIUM
TN DEPT OF MH AND SA SERVICES
DAVIDSON COUNTY SHERIFF'S OFFICE**

**These generous donors enable us to provide
scholarships to our conference and conference
handouts for our participants.**

Our thanks to all of our conference sponsors.

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Door Prizes

**Thanks to all who donated door prizes.
*Please enter for door prize drawings at the
registration desk.***

**Only one entry per conference
participant.**

Silent Auction

**This year we will again have this fun event.
Beginning on Tuesday we have a silent auction to benefit
the scholarship program for the 2027 conference.**

**Auction opens Tues. at 1:30 and closes Thurs. at 1:30
Auction items can be picked up after being paid for in the
registration room on Thursday afternoon.**

CONFERENCE PLANNING COMMITTEE

Toby Abrams - Conference Chair

Phone # 615-386-3333 x103

**Frances Patterson - Conference Co-chair
615-289-4905**

Cassie Gray - Exhibitor Chair
Susan Cunningham - LCSW Liaison/Presenters
Heather Loveland - Registration Chair/Communications
James Nihan - AV/Auction
Janet Watson - AV/General Duties
Mike Coupe - Exhibitors
Jane Taylor - Auction Chair/Door prizes/Registration
Darleen McClung - Hospitality Room
Luke Gray—Hospitality
Adjunct committee members:
Floyd Patterson - Badges/Certificates/Webmaster
Clifford Fiedler - Computers

In Honor of

Phil Guinsburg, PhD, LADAC II, MAC

In honor of Phil Guinsburg now and in the future, MTAADAC has
named the yearly conference registration given away as the Grand
door prize "The Phil Guinsburg Memorial Conference Scholarship".

Exhibitors

One of the benefits of the conference is to learn about resources and
network with providers. We encourage you to visit each exhibitor in
the exhibit areas which is located in the entry foyer and down the
hall past the ballroom and breakout rooms. **Exhibitors at the
Journey Together Conference are not necessarily endorsed by
MTAADAC or the conference.**

Vendors

Remember to visit the **Highland Room** where TAADAS
is providing books for sale during the conference and
vendors will be selling recovery and gift items.

Serenity Break

Take a few minutes to relax, meditate or just have a quiet
moment in the **Saddlebred Room** where you will find
special, self-care give-a-ways, quiet music and a pleasant
environment.

WORKSHOP PRESENTER BIOGRAPHIES

Raymond Blackwell, LADAC II

Raymond has over a decade of experience helping individuals on their path to recovery. He brings more than 20 years of combined experience across church ministries, social services, and work with special populations and individuals actively struggling with addiction. He provides both individual and group counseling, grounded in the principles of Motivational Interviewing, equipping clients with tools and interventions designed to guide them toward a successful, sustainable sober lifestyle. He is driven by a deep passion for witnessing “light bulb” moments—those powerful shifts in awareness and perspective. He remains humbled by the process, believing his role is simply to encourage clients toward the light switch, not flip it for them.

Cassidy Berry, OTR/L

Cassidy is a licensed and registered Occupational Therapist and Director of Engagement and Well-Being at Mind the Gap, LLC. She serves as a community-based OT with Rutherford County Mental Health Court and Viable Impact, supporting trafficking survivors and individuals with histories of incarceration and addiction. Cassidy helps clients strengthen executive functioning, daily living skills, emotional regulation, and workplace readiness to promote stability, meaningful employment, and successful community reintegration.

Kathryn Benson, LADAC II, NCAC II, QCS

Kathy has worked in the counseling field since 1972 with an initial emphasis on domestic violence, intervention, and re-parenting of abusive parents. She has specialized in addiction issues since 1978. She maintains a clinical consulting practice in Nashville, TN where she provides therapeutic services, clinical program development, professional education and clinical competency services and clinical supervision services.

Irene Bernard DMin, LADAC II, CAADC, CPRS II, QCS

Irene is the CEO of Spirit Builders, Inc. and a seasoned clinician with expertise spanning residential treatment, hospital detox, IOP services, school-based mental health, and private practice. She is the creator of GAL: Beyond the Heartbreak – Blueprint for Resilience, now offered as a transformative training for clinicians. Irene’s mission is clear: to transform pain into purpose and advance mental health at the intersection of science and hope.

Julie Bradley, NCAC II, LADAC II

Julie is the founder of Wellness and Recovery Group. She is in private practice and has experience in both residential and IOP settings. With a background in yoga, personal training, and nutritional coaching, she understands the value of a holistic approach to recovery. She is passionate about benefits of incorporating wellness into her counseling practice through “Walk and Talk” therapy, drum therapy, and yoga.

Orisha A. Bowers, Med, PhD,

Orisha has over 25 years of experience in social services, nonprofit leadership, grants management, program design, and civic leadership. Her life work is centered on intentionally merging women’s studies, education, interdisciplinarity and creativity, spirituality, healing, wellness, and movement. She is an ordained minister through the Universal Life Church. She combines a spiritual focus with the therapeutic disciplines of mindfulness dancing to offer dynamic Dancing Mindfulness and other healing practices across the U.S. and abroad.

Jon Buffington, LCSW, LADAC II

Jon is currently in Private Practice in Sewanee, TN. He has worked in Addictions and Mental Health treatment for the past 16 years, coming from a completely different professional background. Jon is a former clinical director of an Outpatient A&D program, former Outpatient and Inpatient Substance Abuse Counselor and family therapist. Jon currently resides in Manchester, TN with his wife Tammy, his dog and 2 cats.

WORKSHOP PRESENTER BIOGRAPHIES

Ryan Bundren, M. DIV., PhD(c), LADAC II, CAADC

Ryan works with Centurion Health and is the substance use programs director at Turney Center Industrial Complex in Only, TN. Ryan has worked in the addiction treatment field over the last ten years and has pursued advanced doctoral education in marriage and family therapy. Ryan's studies and experiences have led him to synthesizing marriage and family therapy theories and substance use disorder treatment approaches into an eclectic therapeutic approach.

Robert Chapman MSSW, LMSW, LADAC II

Robert specializes in trauma work, relapse prevention, and adventure therapy. He is a Certified Relapse Prevention Specialist with 45 years of experience in rehabilitation, outpatient, mental health and recovery settings. He focuses on group and individual counseling, relapse prevention, experiential methods, and adventure counseling. He earned his Master’s in Social Work from the UT in 1983 and offers national training and consulting. He has taught at CENAPS intensive School of Relapse Prevention Specialists and published in Addictions and Recovery Magazine.

Caroline Cirone, BFA, LADAC, CYT

Caroline is a licensed addiction counselor and adjunct clinician serving treatment facilities across the Nashville area. She integrates over a decade of experience as a certified yoga teacher and professional touring bass player into her clinical work. Specializing in somatic, music-assisted, and art-based therapies, she supports nervous system healing and emotional expression. Passionate about experiential modalities, Caroline helps clients rediscover joy and vitality in recovery—living her message that “Recovery is FUN!”

James Clemmons, LADAC II

James is a U.S. Marine Corps veteran and founder of the New Phase Project, a 501(c)(3) nonprofit organization. He previously served in the Nashville Sheriff’s Office Programs Division and currently serves in the Behavioral Care Center. Through the New Phase Project, he delivers evidence-based programming in anger management, substance use education, and behavioral health, helping individuals build accountability, emotional resilience, and practical skills to overcome life’s challenges and move forward with purpose.

Mike Coyne, CIP, FAS, ANC, FMC

Mike is the founder of Curevine, a private practice dedicated to advancing mental health treatment and discourse. As a counselor and Family Addiction Specialist, he focuses on compulsive behaviors, neurodivergence, and relational healing through a biopsychosocial approach. He combines neurobiological insight with practical strategies to help individuals and families recognize needs and alter maladaptive patterns. Before mental health, Mike spent 14 years coaching in the NFL and NCAA, shaping his resilience-based approach to change.

Susan Cunningham, LCSW, LADAC II, QCS

Susan is a past member of the board of Alcohol and Drug Abuse Counselors. She holds national certifications as a Globalcerti Career Development Facilitator with an emphasis in Offender Workforce Development Instructor and Trainer for NIC's Thinking for A Change cognitive behavioral program. She has over 30 years working in a range of settings including hospitals, transitional housing, government and non-profit agencies

Ken Garber, LADAC II

Ken has over 20 years of experience in the field of addiction counseling, specializing in value-based recovery and cognitive reframing. Throughout two decades of clinical practice and teaching, they have developed and refined the "Recovery Math" framework, helping thousands of clients move from chronic relapse to sustainable freedom by shifting the clinical focus from the problem to the solution-aligned core.

WORKSHOP PRESENTER BIOGRAPHIES

Charlz Harper, LADAC II

Charlz has over 24 years in recovery from substances, mental health disorders and emotional deregulation. He has been working in the treatment field since 2008 and has held a LADAC since 2016. He feels that everyone is in recovery from something and can recover if we put in the time and effort to build a supportive network through the available resources if we know where to look.

Simone Henderson, BS, LADAC II, NCAC II

Simone is the COO of Solutions Education Center. Her motivation to expand her impact with clients and her drive for excellence in her professional pursuits led her to seek professional licensure and she attained her LADAC II as well as NAADAC NCC-AP Certified Addiction Counselor. Simone works directly with outpatient treatment programs, youth programs and DUI programs as well as direct individual services.

Peter Hodes, MBA

Peter has always been interested in Asian culture. After completing a B.A. in Asian Studies and studying abroad in Japan, he began practicing Tai Chi in 1990 on a beach in Thailand. While pursuing an international M.B.A degree, Peter learned the Professor Cheng's 37-Posture Form. Peter now teaches at various locations in Nashville and live on ZOOM. At this point, Peter has been practicing Tai Chi continuously for 34 years.

Jerry A. Jenkins, M.Ed., LADAC, MAC

Jerry has over 42 years of experience in treating SUD and mental illness or leading organizations that do. He is currently an Alaska-based behavioral healthcare consultant following fifteen years as CEO of Anchorage /Fairbanks Community Mental Health Services and four years as the COO of the Alaska Behavioral Health Association. He is the immediate past Treasurer for NAADAC and serves on the NAADAC Ethics Committee.

Janice Johnson Dowd, MSSW, LMSW

Janice is an author, speaker, and retired social worker who specializes in family therapy and addictions. She is a mother of four and has over 13 years of experience in long-term recovery. Janice authored the book, "Rebuilding Relationships in Recovery" (North Atlantic Books). She often presents at NASW and addiction recovery conferences. Her work combines evidence-informed practices with real-world scripts to help families and providers shift from crisis to connection.

Ross Lester, Founder, Everybody Drum Some

Ross is founder of Everybody Drum Some. His mission is to communicate the wonders of rhythm and drums with others and to make the way easy for people to make a joyful song together. For over 12 years, Ross has worked in various settings throughout middle TN with youth groups, recovery groups, at-risk kids, military veterans, churches, schools, and businesses, as well as everyday folks who are drawn to the drum.

Curtis Long, LADAC I

Curtis is a Level 1 Challenge Course Practitioner, and Clinical Program Manager at The Ranch TN. He is trained in Brainspotting, trauma-informed care, DBT, CBT, and experiential therapy, with 8 years working in residential treatment, 6 of those years specializing in trauma survivors. He brings lived experience and clinical insight to examine 12-step recovery through a trauma-informed lens.

George Massengill, BSSW, LADAC II

George is a seasoned industry professional with over three decades of diverse experience in healthcare, IT, and business financial sectors. He has held pivotal roles ranging from CEO to Clinical Director in renowned companies such as the University of Tennessee, CRC Health/Acadia Health, and Peninsula Health System. Most recently, George served as Senior Vice President at Philips Holdings Inc., where he successfully developed relationships with Fortune 500 clients, executed large-scale contracts, and fostered crucial business relationships. Additionally, he has made a significant impact as a board member and CMO/EVP at JourneyPure, establishing treatment services across the nation.

WORKSHOP PRESENTER BIOGRAPHIES

Genesis Mejias, BS

Genesis joined Solutions Education Center's staff with a focus in youth treatment. She is seeking her professional licensure and is passionate about bringing quality interventions to our communities. Although she works with adults and other high-risk populations, Genesis finds that her passion remains with the next generation to stop the cycle of addiction.

Karen Morgan, P-LPC, LADAC II, MAC, QCS, SAP

Karen specializes in substance use and co-occurring mental health conditions, including trauma, depression, anxiety, and grief. In her practice at Hope Enrichment Center she uses Emotional Attachment Behavioral Therapy (EABT) to address attachment-based patterns rooted in early experiences. Karen also provides EABT training, clinical supervision, and DOT-regulated SAP evaluations, supporting ethical practice, recovery, and professional growth.

James Nihan, LADAC II

James has worked in the field for 25 years. Personal recovery began in 1975 as a teen in Boston and, in 1980, his story was featured in a book published by the Rutgers Center of Alcohol Studies. An award-winning songwriter, poet and artist, he often brings music and creative writing into the therapeutic process. He contributed to the popular musical, Nanyehi: The Nancy Ward Story, supported by the Cherokee Nation. TN's ancestral landscapes provide the setting for his work, supporting clients on diverse spiritual paths.

Jodi Oliver, PhD, LPC-mhsp, NCC

Jodi specializes in intimate partner violence, coercive control, and trauma-coerced attachment. She integrates relational theory, somatic and intuitive knowing, spiritual formation, and addiction treatment frameworks to examine how harmful relationships contribute to relapse and recidivism. She addresses addiction and relational harm needs across TN. Jodi presents nationally, equipping professionals to identify hidden coercive dynamics and support long-term recovery through attuned, nonjudgmental care.

Thad Oliver, PhD, LADAC II

Thad is a writer, speaker, and consultant with Dark Horse Counseling. He works on creativity and imagination in neural, behavioral, and organizational change. His techniques helped create a multi-million dollar women's treatment center, guide clients through life transitions, build mathematical approaches to opioid response, and coach professionals in the field. He and his wife have 15 children and run a small forest respite for people in long-term recovery.

Christine Ragsdale, LADAC II, NCAC II

Chris has worked in the substance use and addiction field for over 10 years. Her specialties include domestic violence survivors, justice-involved individuals, youth at risk, and adults with co-occurring disorders. She has experience in public schools, court settings, and residential treatment. Chris brings warmth, structure, and experiential work into treatment and enjoys supporting clinicians and clients across all levels of care—helping people reconnect with identity, values, and hope.

Kristen Robinson, LADAC II, NCAC II, QCS

Kristen Robinson is a Licensed Alcohol and Drug Addiction Counselor II (LADAC II), Nationally Certified Addiction Counselor II (NCAC II), and Qualified Clinical Supervisor (QCS). She is the Recovery Services Therapist at a residential treatment center in Knoxville, Tennessee, and the creator of specialized recovery presentations focused on transforming obstacles into sustainable change. Kristen has worked with adolescents for 16 years and presents nationally. She is the 2025 TAADAC Counselor of the Year.

WORKSHOP PRESENTER BIOGRAPHIES

Tammy Rohane-Henderson, M.Ed., LADAC II, NCAC II, QCS

Tammy has over 25 years of experience in the field of recovery from addictions and a career filled with working with stakeholders. She feels most fulfilled when she can bring quality services to at-risk populations. As Executive Director of Solutions Education Center, she has been able to expand access to intervention opportunities to youth and adults and to focus on contributing to safe, stable, prosperous families and communities.

Ross Sparboe, LADAC II, LMSW

Ross received his MSW degree from the University of South Carolina in 1985. While attending UNCW, Ross started an AA meeting on campus and was an intern at UNCW Crossroads Substance Abuse Program. Ross currently works as a social worker and substance abuse counselor at Generations Behavioral Health in Morrison TN.

Cinde Stewart Freeman, RN, MA, MAC, LADAC II, QCS

Currently serving as the Chief Clinical Officer at Cumberland Heights, Cinde has over 40 years of experience in the treatment of substance use and co-occurring mental health disorders. She has served in a variety of clinical and management roles, as well as facilitating training at the national, state, and local level, including clinical practice, clinical supervision, and ethics. Cinde's specific interests centered around integration--the bringing together of the Twelve Steps and clinical practice, the somatic and the spiritual, and the personal with the technical.

Jane Taylor, BSW, LADAC II

Jane has worked as an A&D counselor since 1989 and received her LADAC in 2000. She worked for Koala Treatment Center before going to work in treatment in the jail system. She has been working in Family and Juvenile Recovery Courts in Davidson County since 2002 where she is currently the Recovery Court Coordinator. In 2019 she was awarded MTAADAC Counselor of the Year.

Samson Teklemariam, LPC, CPTM

Samson is the VP of Clinical Services for Behavioral Health Group (BHG). Known for implementing initiatives that support organizational priorities and produce measurable outcomes, he has been a leader in the field of addiction treatment for over 15 years. He was formerly the Director of Training and Professional Development for NAADAC. Samson is a Certified Lead Trainer for Cognitive Behavioral Interventions for Substance Abuse (CBI-SA) and Calm Every Storm: Crisis Prevention & Intervention. He is experienced in treating trauma-related disorders using trauma-focused cognitive behavioral therapy (TFCBT) and Seeking Safety.

Alex Tucker LADAC-II, CADAC-II, CCHP

Alex is the current Substance Abuse Counselor for Hamilton County Jail as well as operating his personal private practice of Tucker Counseling Services. He has been working in the addiction field for over a decade with that time split between working with justice-involved clients as well as the friends and families of those living with a substance use disorder.

Kathy Ward, LADAC II

Kathy serves as Director of Community Development at Mind the Gap, LLC. She provides individualized, trauma-informed counseling for those navigating substance use, trauma, and emotional recovery. Kathy partners with nonprofit organizations to deliver practical staff trainings and develop structured, evidence-based programs, helping build strong recovery systems that support long-term healing and sustainable change.

CONFERENCE SCHEDULE AT A GLANCE

Tuesday	Wednesday	Thursday
7:30-9:00 Registration	7:30-9:00 Registration	7:30-9:00 Registration
8:45 Opening Ceremonies: Color Guard	8:45 Announcements	8:45 Announcements
9:00 Plenary 1 Frances Patterson	9:00 Plenary 2 Karen Moran	9:00 Plenary 3 Samuel MacMaster
10:30 BREAK 10:50 Door Prizes	10:30 BREAK 10:50 Door Prizes	10:30 BREAK 10:50 Door Prizes
11:00 Plenary 1 Frances Patterson	11:00 Plenary 2 Karen Moran	11:00 Plenary 3 Samuel MacMaster
12:30 LUNCH NAADAC	12:30 LUNCH Regional Meetings	12:30 LUNCH TAADAC meeting and state awards
1:30 Silent Auction Opens	Breakout Sessions	1:30 Silent Auction ends
2-3:30 T1: Kristen Robinson T2: Benson/Patterson T3: James Clemmons T4: Jon Buffington T5: Henderson/Maijas-Cruz	2-3:30 W1: Karen Moran W2: Charlz Harper W3: Stewart Freeman W4: Jerry Jenkins W5: Thad Oliver	2-3:30 TH1: Sam MacMaster TH2: Ryan Bundren TH3: Alex Tucker TH4: Ross Sparboe TH5: Ken Garber
3:30 BREAK	3:30 BREAK	3:30 BREAK
4-5:30 T6: Susan Cunningham T7: Benson/Patterson T8: Karen Morgan T9: Raymond Blackwell T10: Christine Ragsdale	4-5:30 W6: Karen Moran W7: S. Teklemariam W8: Jodi Oliver W9: Jon Buffington W10: Curtis Long	4-5:30 TH6: Sam MacMaster TH7: Irene Bernard TH8: Henderson/Henderson TH9: Julie Bradley TH10: Dowd Johnson
6:00-8:00 T11: Peter Hodes T12: Benson/Patterson T13: Caroline Corine	6:00-8:00 W11: Ross Lester W12: Orisha Bowers W13: James Nihan	5:30 Certificates Distributed

Registration Form
Journey Together Conference 2026
September 7th, 8th, 9th, 10th

NAME: _____

MAILING ADDRESS: _____

CITY/STATE/ZIP: _____

EMPLOYER: _____

DAY PHONE: () _____ CELL: () _____

E-MAIL ADDRESS: _____

Indicate which workshops and lunches (included in conference registration fee) you plan to attend:

_____ Tuesday Lunch _____ Wednesday Lunch _____ Thursday Lunch

Vegetarian meals? _____ Yes _____ No

Please choose only one workshop for each time slot:

Monday, September 7th Evening Sessions

4:00-5:25 M1 _____ Cunningham/Taylor 5:35-6:55 M4 _____ Coyne/Johnson Dowd

M2 _____ Ward

M5 _____ Corine

M3 _____ Jenkins

M6 _____ Chapman

7:05-8:30 M7 _____ Ward/Berry

M8 _____ Stewart Freeman

M9 _____ Chapman

Tuesday, September 8th

2:00-3:30 T1 _____ Robinson

4:00-5:30 T6 _____ Cunningham

T2 _____ Benson/Patterson

T7 _____ Benson/Patterson

T3 _____ Clemmons

T8 _____ Morgan

T4 _____ Buffington

T9 _____ Blackwell

T5 _____ Henderson/Maijas-Cruz

T10 _____ Ragsdale

6:00-8:00 T11 _____ Hodes

T12 _____ Benson/Patterson

T13 _____ Corine

Wednesday, September 9th

2:00-3:30 W1 _____ Moran

4:00-5:30 W6 _____ Moran

W2 _____ Harper

W7 _____ Teklemariam

W3 _____ Stewart Freeman

W8 _____ Oliver

W4 _____ Jenkins

W9 _____ Buffington

W5 _____ Oliver

W10 _____ Long

6:00-8:00 W11 _____ Lester

W12 _____ Bowers

W13 _____ Nihan

Thursday, September 10th

2:00-3:30 TH1 _____ MacMaster

4:00-5:30 TH6 _____ MacMaster

TH2 _____ Bundren

TH7 _____ Bernard

TH3 _____ Tucker

TH8 _____ Henderson/Henderson

TH4 _____ Sparboe

TH9 _____ Bradley

TH5 _____ Garber

TH10 _____ Johnson Dowd

Fee and Payment for Conference

Registration:

Early Bird Rate through August 29

TAADAC Members: \$295 _____

Non-Members: \$330 _____

Rates after August 29

TAADAC Members: \$315 _____

Non-Members: \$360 _____

One Day Rate:

TAADAC Members: \$125 _____

Non-Members: \$150 _____

Committee member _____

Presenter _____

Payment: _____ Check/MO _____ Credit Card Visa/MC

Total \$ _____

For Credit Card Charges:

Card Type: MasterCard _____ Visa _____ AmEx _____ Discover _____

Account Number _____

Expiration Date _____

CVVS _____ (3 digit code on back of card or 4 digit code on front of AmEx)

Billing address including zip code _____

Signature of Card Holder: _____

Register and pay online at WWW.TAADAC.org

Or Credit card registrations can be phoned in, faxed or mailed to
Phone: 615-386-3333 ext. 103 Fax: 615-386-3353

Organizational discount for 5 or more attendees.
Partial scholarships are available and limited to the first 50 applicants.
Please fax requests for organizational discounts and scholarships to
Toby Abrams or submit in writing to the address below.

Submit completed registration form and payment to:
MTAADAC 2505 21st Ave. S., Suite 410, Nashville, TN 37212

Location and Accommodations

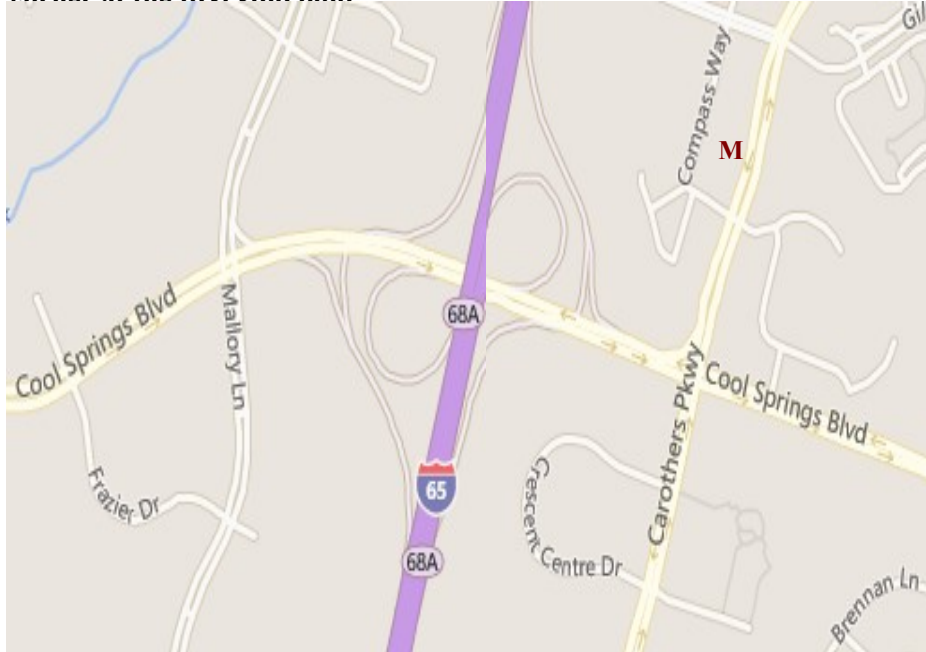
Marriott Cool Springs
700 Cool Springs Blvd, Franklin, TN 37067
(615) 261-6100
(800) 228-9290

Marriott Cool Springs is just 20 minutes south of Nashville. Unique among hotels in historic Franklin, TN, it is surrounded by upscale shopping, dining and history. Cool Springs Galleria Mall, Crescent Centre and Highwoods are within walking distance or just a short ride away from our Cool Springs hotel. They offer wireless Internet access at no charge and free shuttle service within a five-mile radius. Stave Regional Kitchen and Lounge offers a variety of dining options to inspire productivity and interaction at the hotel. Ask for the Middle TN Association for Addiction Professional (MTAAP) Journey Together 2026 room rate of **\$150** per night (includes free internet), by **8/28/2026**. This room rate is available for 3 days prior and 3 days after the conference. Don't delay and miss this early bargain! Hotel <https://www.marriott.com/event-reservations/reservation-link.mi?id=1759782363169&key=GRP&app=resvlink>

Directions

From the south: Follow I-65 north to Exit 68A (Cool Springs Blvd.). Follow signs for Cool Springs Blvd. East. Upon exiting, turn right at the bottom of ramp. Turn left on Carothers Pkwy. Hotel is on the right.

From the Airport: Take I-40 West from Nashville Int'l Airport to I-24 E, to I-440 West. Take I-65 South (to Huntsville). Follow approx. 17 miles. Take exit 68-A to Cool Springs Blvd. East. The hotel is located on the left corner at the first stop light



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**MIDDLE TN ASSOC. OF ALCOHOLISM
AND DRUG ABUSE COUNSELORS**

Journey Together Conference

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Nashville, Tennessee 37212

Return Service Requested