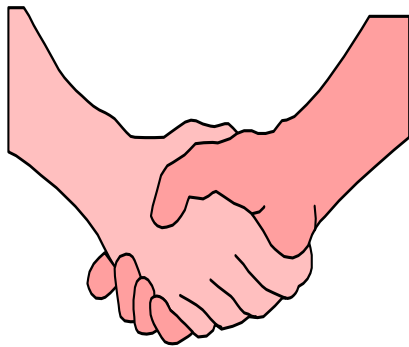


Journey Together Conference 2024

A Conference for Addiction Professionals

Presented by
**Middle Tennessee Association
for Addiction Professionals**



Franklin Marriott Cool Springs
700 Cool Springs Blvd
Franklin, TN 37067
(615) 261-6100
(800) 228-9290

September 2nd, 3rd, 4th, 5th, 2024

**Conference begins Monday, September 2nd
with Workshops beginning at 4:00**

Conference

General Information

Program Description and Objectives

The overall goal of the conference is to bring together professionals working with addictions, substance use disorders, prevention and treatment. Participants will explore a variety of topics related to the medical, psychological, and familial aspects of the disease of addiction and share knowledge, expertise, and resource networking.

Participants who attend this conference will:

- explore the impact of alcohol and drug use on adolescent, adult and older adult clients and family systems;
- be introduced to the latest research and clinical interventions in addressing the relationship between alcohol and drug use, mood disorders, abuse, other addictions and the newest treatment modalities;
- understand and practice creative and unique treatment approaches, identifying other addictions, treatment issues when working with adolescents and older adults, addressing relapse prevention, and other professional issues.

**Welcome to the Journey Together
Conference!**

**The conference committee would like to
thank each of you for your support and
participation.**

**Hospitality Suite in Appaloosa Room hours:
Tuesday - Thursday, open 7:30am - 6:00pm
Closed during lunch from 12:00 noon -
2:00pm everyday
Coffee is available during morning breaks in the
lobby.**

Continuing Education, LADAC Licensure and License Renewal Hours, and Social Work CE credits

This conference has been planned and implemented in accordance with the credentialing standards of the licensed Alcohol and Drug Abuse Counselor standards and provides **26.5** possible CE credits total. Credit hours will be broken into primary functions for those individuals pursuing licensure. This program was approved by the National Association of Social Workers – Tennessee Chapter (Provider Number: (NASWTN 2024-0092) for **26.5** continuing education units.

Conference Etiquette: Participants are asked to turn off cell phones when attending sessions or change to a silent signal. Please step outside the room when responding to a call.

Conference Credits: Each participant is responsible for recording his or her attendance at workshops and should claim only those hours of credit actually spent in the educational activities.

Breakout Sessions: Plenaries and some workshops are in the **Champion Ballroom, Salons 6-10**. Workshop designations will be posted at the registration table and by meeting room doors.

Conference Registration

Registration is located in the **Morgan Room** throughout the conference.

Printing of Workshop Handouts

Please print handouts for your workshops prior to the conference. Handouts that have been submitted by presenters can be accessed in the week prior to the conference and downloaded at:

www.TAADAC.org/conferences/Presentations

Stay Warm! Remember to bring a sweater or jacket as we cannot control the temperature in the training rooms.

- Please join and “like” us on Facebook at
- MTAADAC and Go to www.TAADAC.org
- for updates regarding educational
- opportunities, meeting updates,
- Conference registration and more.

PLENARY SESSIONS—KEYNOTE SPEAKERS

Tuesday, September 3rd

Dr. Stephan Loyd, MD
“The Opioid Dilemma”

During this plenary session, Dr. Loyd will discuss the current opioid landscape in Tennessee, prevention efforts at a state level including the issues being addressed by the governor's subcabinet. While weaving in his personal journey, Dr. Loyd will share current research on opioid addiction and pregnancy. Additionally, he will discuss treatment implementation methods and the importance of prevention in the abatement of the opioid crisis. He will present information and options on opioid reversal drugs, effectiveness with more powerful opioids and advancements being made in the field.

Wednesday, September 4th

Michael Eiden LCSW, LCADC, CSAT, CCS
“Treating Trauma with Experiential Therapies: Traumatic Bonding and Intergenerational Trauma in Substance Use Disorder Patients ”

Mr. Eiden will focus on two specific areas of trauma work with SUD patients: traumatic bonding and intergenerational trauma. Mr. Eiden will address the overlap between addictions and the compulsive pursuit of relationships that are exploitive, intense, and/or abusive. A conceptual overview of traumatic bonding, the early childhood experiences that inform it, and experiential therapy techniques to be used in treatment will be covered with an eye towards practical application. Discussion will include epigenetics and the generational transmission of traumatic experience interpersonally and culturally. A diverse perspective on treatment methods for intergenerational trauma will be presented and case examples will be utilized to illustrate the treatment process.

Thursday, September 5th

Dr. Deborah Driggs
“Ethical Steps for Containment of Trauma Disclosure During Group”

During this presentation Dr. Driggs will delve into the complex dynamics of group therapy, with a specific focus on trauma disclosure. We will explore the risks and advantages associated with sharing traumatic experiences within a group setting and discuss the crucial role of the therapist in facilitating these disclosures. We will consider ethical and scope of practice areas crucial to ensure the safety, dignity, and respect of all clients. By the end of this presentation, attendees should have a comprehensive understanding of the complexities of trauma disclosure in group therapy and the therapist's role in managing these disclosures. They should also be equipped with practical strategies for facilitating trauma disclosure in a way that minimizes risks and maximizes therapeutic benefits.

Registration begins at 3:00 pm Monday, September 2nd in The Morgan Room

Welcome to our Journey Together Conference! To begin your experience, visit our registration staff in the Morgan Room to sign in, receive your name badge and conference materials. On your three and a half day journey be sure to visit the exhibitor tables and hospitality suite, network with colleagues from across the state and participate in a variety of workshops. If this is your first conference journey, we suggest you attend the orientation workshop on Monday afternoon to enhance your experience.

Monday, September, 2nd
M1 and M2 Evening Session 4:00-5:30
M3 Evening Session 5:30-7:00
M4 Evening Session 7:00-8:30

M1 Susan Cunningham, LCSW, LADAC II, MAC
Jane Taylor, BSW, LADAC II

“Journey Together Conference -Mapping out a Successful Experience”

Attending any conference can be overwhelming! You've read the brochure but still have questions. Possibly, you attended last year and hope this year you get more out of the three and half days. Regardless of how often you've attended, this workshop will help you get the most from your experience. Our goal is to map out the journey from start to finish and make this an awesome experience where you learn and earn credits, make new professional relationships and the seed is planted for you to return every year.

M2 David Forbes, MD
“Healing Trauma: We Still Have It Wrong”

Despite decades of medications and cognitive psychotherapy, we have skyrocketing rates of anxiety, depression, PTSD, and suicide. We are in need of a core re-adjustment in our approach and understanding of trauma, what it actually is, and how we can most directly engage its healing path. The solution lies in our bodies, not our heads.

M3 Randal Lea, LADAC II, Amber Lucchino, LCSW, LADAC II,
Karen Moran, LADAC II, NCAC II, Susan Cunningham, Moderator
“Ethics Panel Discussion ”

During this panel discussion, you will hear from knowledgeable professionals who have many years of experience in addiction counseling. They will offer ethical guidance to help participants navigate challenges in their daily work. In addition, the moderator will field question from the group to be answered by panel members.

M4 Kristen Robinson, LADAC II, NCAC II
“Ethical Skills in Breaking Bias
When Working with Teens and Emerging Adults”

This presentation will discuss how to ethically address types of bias, as well as ways to decrease harm through a willingness to be aware of biases that exist. Teens and emerging adults are stigmatized due to media and preconceived notions and as a result of their actions. Individuals who present with SUDs and addiction are also highly stigmatized. This places teens and emerging adults with addictive disorders at an even higher risk of being stigmatized and harmed by bias. Addiction professionals, and others in the helping profession can arm themselves with ethical knowledge of how to recognize bias so that we can help these individuals recover.

PRESENTERS AND WORKSHOPS

T1 Dr. Stephan Loyd
“Q&A with Dr. Loyd”

During this workshop, Dr. Loyd will field questions from participants concerning information presented during the plenary session or those questions you may have that were not addressed earlier. Come and enjoy a hands on discussion with Dr. Loyd.

T2 Kathryn Benson, LADAC II, NCAC II
Frances Patterson, PhD, LADAC II, MAC, DAC
“Ethical Challenges in Clinical Supervision” Part 1

As supervisors, those we supervise will “listen” to our behaviors and professionalism much more than our words. When we agree to be a supervisor, we are agreeing to be held to the highest standards of ethics and professionalism. Frances and Kathy will utilize discussion, activities, role plays and multimedia to enhance learning of ethical issues for supervisors and skills in creating a safe and ethical supervision environment.

T3 Lisa Binkley, HIV Educator
“Harm Reduction Saves Lives”

Harm Reduction is a set of practical strategies and ideas aimed at reducing negative consequences associated with drug use. This presentation will discuss Harm Reduction and how this type of community engagement provides a lifeline to those suffering from substance abuse disorders by making available clean syringes, access to Narcan/Kloxxado, HIV and HCV testing and treatment for those testing positive, access to emotional support, recovery referrals, and peer opportunities.

T4 Licensure Board Panel Discussion
Mark Loftis, LPC-MH, LADAC II, Chair, Terry Kinnaman, LADAC II,
Britney Baker, LADAC II, , Board Attorney
“Demystifying Alcohol & Drug Abuse Licensure”

Licensure rules, practices, policies and processes can be confusing to newly licensed or veteran counselors. Join the panel discussion with the professional staff who administer and legally support your state board along with board members. This is an interactive workshop where the panel will provide insight to simplify these administrative and legal topics to strengthen or reinforce your foundation for an ethical and sound practice.

T5 James Campbell, LPC, LAC, MAC, AADC
“Worlds Apart: What Works with Adolescents and Why”

Sometimes adolescents can seem as though they come from an entirely different world, and in some regards they do! There has been a wealth of recent discoveries about adolescent development and learning. This session reviews recent research and discoveries and explores how to best apply that knowledge to effectively treat adolescents with a strong emphasis on practical application.

T6 Jessica Hirsch, M.Ed., LADAC II, CADC I
“Sound Bath”

This invitation is for your nervous system to get a 90-minute, live sound bath. Jessica creates unique sound healing sessions where there is no experience necessary for participants. Sound is primal, medicinal, and sound sessions often have bi-products of relaxation, clarity, creativity, and internal calm. Feel free to bring water, a blanket, a pillow, a yoga mat or anything else that aids in your physical comfort. Afterwards, be gentle with yourself allowing for integration.

T7 **Kathryn Benson, LADAC II, NCAC II**
Frances Patterson, PhD, LADAC II, MAC, DAC
“Ethical Challenges in Clinical Supervision” Part 2
This session is continued from T2 session. You do not have to attend T2 to participate in T7.

T8 **Charles Harper, LADAC II**
“Motivation or Dedication?”
This group will look at the differences between motivation and dedication and how simple things like vocabulary changes can create a paradigm shift from self fulfilling, sabotaging prophecies to supportive outlooks that help our recovery efforts.

T9 **Lene’ Brown, LADAC II**
“The Power of Self-Assessment”
This workshop will take you through an experiential journey of self-assessment using art, CBT, meditation, journaling, and SMART goals. Conducting ongoing self-assessments can help you alleviate stress and achieve your goals. By making a decision to take action in your own life, we can better teach our clients to do the same.

T10 **James Campbell, LPC, LAC, MAC, AADC**
“Engaging Families in Treatment and Recovery”
Families have a tremendous impact on individuals with an addiction. All too often we know this to be true, and yet very few treatment programs effectively engage families and treat the family system as a whole. Engaging Families in Recovery is a look at addiction as a family disease as well as recovery as a family process. Special emphasis is placed on how to engage families in treatment as well as effective interventions with families.

T11 **James Nihan, LADAC II, NCAC I, ASAT**
“The Power of Song”
In this interactive workshop, and listening party, we will examine the negative and positive aspects of the words, and the music, in the soundtrack of our lives. How many times do old songs connect to old memories and make us smile, as we recall happy times? There are also those songs that bind us to sad and traumatic events of the past, causing discomfort and more. Oftentimes, the newly sober and hopeful client continues to listen to voices and messages that are hopeless, dark, angry, sad, triggering and self-defeating. We will consider music that supports those new to recovery, seeking out hopeful, loving, positive, humorous, and meditative options that promote healthy thoughts and lifestyles.

T12 **Kathryn Benson, LADAC II, NCAC II**
Frances Patterson, PhD, LADAC II, MAC
“Ethical Challenges in Clinical Supervision” Part 3
This session is continued from T7 session. You do not have to attend T2 and T7 to participate in T12.

T13 **Julie Bradley, NCAC II, LADAC II**
“Wellness in Recovery”
Nutrition, exercise and movement are critical to recovery from addiction. How we fuel our bodies directly influences how we feel physically, mentally, and emotionally. In this interactive workshop, we will delve into the intricate relationship between nutrition, exercise, neurotransmitters, and recovery. Participants will engage in experiential activities, from energizing yoga to rhythmic drumming and active relaxation, aimed at increasing dopamine levels and promoting a sense of well-being. This training will offer a holistic approach to overall wellness in recovery. Comfortable clothing and a yoga mat/towel are recommended, as well as the ability to sit on the floor. Leave feeling energized,

W1 **Michael Eiden LCSW, LCADC, CSAT, CCS**
“Treating Sex Addiction in the Modern Era”
During this workshop Michael will provide a clinical definition of sex and pornography addiction to clearly describe the challenges some clients are experiencing. Discussion will include the development of sex addiction through a trauma and affect regulation lens. Additionally, an overview of treatment methods for the treatment of sex and pornography addiction will be included.

W2 **Tommy K. Hindman, MA**
“A Comprehensive Working Model of Addiction”
This presentation aims to examine the nature of addiction from a neurobiological, psychological, and spiritual perspective. This presentation will cover the role that Nature, Nurture, and Choice play in the development and maintenance of active addiction. Psychoeducation on Attachment Science, Brain Disease Model of Addiction (BDMA), addiction as an Avoidance Disorder, and finally understanding the spiritual implications in addiction. This workshop will provide those in attendance with a more complete and comprehensive understanding of addiction.

W3 **Frank Lovine, Life Consultant & Mindfulness Expert**
“The 80/Twenty Equation - Delving into the power of our thoughts! ”
Did you know we have 12,000 to 60,000 thoughts per day? And that 80% of them are negative? Well, what about the other 20%? Yes, they are positive! Join Frank on a journey into how the 80/Twenty Equation works and how to master the 20%! Frank will share his recovery insights, techniques, and guidance on mindfulness and how to live in the present moment. By learning to observe thoughts without judgment and focusing on the present, individuals can reduce stress and find greater meaning and purpose in their lives. Join Frank on this journey of self-discovery and unlock your full potential.

W4 **Paul Mulloy, MA, LADAC II**
“Transition from Jail to Community - Connecting Services outside the Jails ”
Reentry begins at the booking process: Transition from Jail to Community is focused not on the last few weeks of a person's incarceration but at the beginning of the booking process. We take a look at the process of incarceration through the PROXY survey to determine the needs of the individual and how programming on the inside can be connected to community resources upon release. The process identifies those individuals most likely to reoffend and engage them in programming and the community engagement collaborative in an effort to increase a person's chances at success.

W5 **Jon Buffington, LCSW, LADAC II**
“Addressing Communication and Conflict Management Needs in Substance Abuse Counseling: an individual, family and group counseling perspective ”
This workshop will address the differences between effective and ineffective communication as well as conflict management and how to approach this topic effectively whether in a group, family or private setting. Components of this presentation will include a conflict resolution frame work that will be incorporated in experiential ways that will use willing audience participants.

W6 **Michael Eiden LCSW, LCADC, CSAT, CCS**
“Treating Problematic Screen Use: Focus on Attachment and Polyvagal Theory”
Understand and apply the current diagnostics available for assessment of compulsive screen and internet use. Explore the physiological and neurological underpinning of screen compulsivity to inform clinical practice strategies. Apply a conceptual framework of screen addiction treatment along with specific interventions.

W7

Kristen Robinson, LADAC II, NCAC II
“The Dragonfly Mentality”

This presentation exhibits how recovery is a process of accepting and embracing the dragon of addiction instead of being in a constant battle between the dragon and the butterfly or the duality of the self. Acceptance is complicated as individuals attempt to deny or fight the dragon. Embracing the dragon is powerful and necessary to the process of recovery which is similar to the metamorphosis of a caterpillar becoming a butterfly accepting the dragonfly mentality.

W8

Jon Buffington, LCSW, LADAC II
“Understanding Family Systems”

We will explore the different roles our client and their family members play within the family unit from a Family Systems perspective and how this information can both inform and direct our way of working with clients in both an individual, group and family therapy setting specifically dealing with substance abuse clients.

W9

Amber Lucchino, LCSW, LADAC II
“Eating Disorders and Addiction”

This presentation will explore the intersection of substance use disorders and eating disorders, highlighting the increased risk to clients when both are present. Discussion will include the importance of screening for eating disorders early in treatment and having an integrated approach to the client's care. Attendees will gain a greater understanding of how these two disorders often overlap as a "solution" to managing distress when there is a history of trauma. Case examples will be used during the presentation.

W10

Toby Abrams, LADAC II, NCAC II
“A Process Group on the Significance of the Career
of the Addiction Counselor (and what to do about it in the end)”

What is the importance of, or what role in your life does your career play? Whether you are involved in one on one counseling, group counseling, training, teaching, or something related, we will first explore the question “how does what we do affect addiction clients and/or their friends and families?” Second, do we beat ourselves up when we use, or NOT use, our learned skills on our kids, partners and friends. What are the lasting effects of such a career? As a group we will discuss what the future looks like for you. What is important in life for you? Is this the most significant? Perhaps you have no plan at all.

W11

Ross Lester, Founder of Everybody Drum Some
“Drumming for Life”

Ross Lester and Everybody Drum Some will conduct a low-stress, enjoyable drum circle for all interested conference attendees. Participants will experience collaborative music making in a relaxed environment and will leave feeling refreshed, energized, and encouraged. No experience or skills required.

W12

Will Taylor, LADAC I, CPRS
“Addressing Substance Abuse in Suicide Prevention”

Suicide is a difficult topic to address but is necessary for clinicians to understand when working with individuals who struggle with addiction. This presentation will discuss suicide from the standpoint of individuals in long-term recovery and delve into the behaviors and circumstances that often lead to suicide. It will help provide tools to prevent suicide, not just among patients, but among employees, colleagues, friends, and family members.

W13

Peter Hodes, MBA
Guy Freeman, LADAC II
“Introduction to Tai Chi”

Stand up and follow us for this Introduction to Tai Chi. These simple movements are safe for all and bring enormous health benefits - both physically and mentally. We will learn a variety of movements that can be done by anyone no matter the current conditions. Learn Tai Chi and Feel BETTER! Beginners always welcome!

TH1

Deborah Driggs, PhD, LPC/MHSP, LADAC II, ACS
“Addiction through the Lens of Internal Family Systems Therapy
and Parts Work”

Beneath addiction and other life challenges, such as trauma or depression, lies important neurobiological processes that are altered. Through the lens of Internal Family Systems Therapy, we will consider how to address behaviors and biological changes commonly associated with addictive behaviors. Additionally, we will reveal common wounds lurking beneath ones addiction that, when addressed, move our client's toward deeper healer of our own parts.

TH2

Jessica Hirsch, M.Ed., LADAC II, CADC I
“Mindfulness in Mandalas”

This workshop is an invitation for your nervous system to get a 90-minute, gentle calm. Be here. Feel in the now, and leave the overthinking mind at the door. By looking inward and playfully engaging with others, we will build a mandala together and find out what other treasures may reveal themselves. This hands-on session is designed to create a calm, creative space and collective collaboration. Come experience moments of connecting with self and colleagues.

TH3

Melanie Hayden M.S. Ed, LADAC II
“Veterans and Co-occurring Disorders”

An introduction of how substance use and mental health disorders affect our veteran population. Participants will learn veteran cultural norms, introduced into real-life vignettes, and learn a brief overview of diagnosis, differential diagnosis and what to look for during an intake assessment. The workshop will include a PowerPoint presentation with interactive study on how this applies to you!

TH4

Antwon Bailey LADAC, QCS, CRADC
Tina Reddy LADAC II, QCS, NCACI
“Group Counseling with Clients on MAT: Opportunities and Pitfalls”

Facilitating a therapy session, with patients that are taking a wide range of medications creates some challenges. MAT, MOUD, MAUD patients are part of our milieu. How do we cope with our own bias as well as those we serve? Join us as we discuss the barriers for MAT patients and for those group members who are not participating in MAT. Come share and learn with us in this workshop!

TH5

Frank Lovine, Life Consultant & Mindfulness Expert
“The 80/Twenty Equation - Delving into the power of our thoughts!”
(This is a repeat of W3)

Did you know we have 12,000 to 60,000 thoughts per day? And that 80% of them are negative? Well, what about the other 20%? Yes, they are positive! Join Frank on a journey into how the 80/Twenty Equation works and how to master the 20%! Frank will share his recovery insights, techniques, and guidance on mindfulness and how to live in the present moment. By learning to observe thoughts without judgment and focusing on the present, individuals can reduce stress and find greater meaning and purpose in their lives. Join Frank on this journey of self-discovery and unlock your full potential.

**TH6 Deborah Driggs, PhD, LPC/MHSP, LADAC II, ACS
“Resilience and Recovery: Navigating the Aftermath of Critical Incidents”**

A critical incident can profoundly affect an individual, often resulting in a cascade of psychological and emotional reactions. Such events can shatter a person's sense of security, triggering intense feelings of fear, helplessness, and horror. The aftermath may include disturbing reactions and stress symptoms that can persist, impacting mental health and daily functioning and increase risk of maladaptive coping and relapse. Support and intervention are crucial to aid recovery and restore a sense of normalcy and control over one's life. This workshop will equip participants with essential skills and knowledge to effectively manage and respond to traumatic events. Attendees will gain an understanding of diverse individual reactions to critical incidents, provide a comprehensive framework for conducting group debriefings, ensuring a supportive environment for participants to share their experiences and begin the healing process and Dr. Driggs will introduce the Mitchell Model and Kinchin Model of Emotional Decompression and participants will explore interventions like Critical Incident Stress Debriefing (CISD).

**TH7 Jodi Vermaas, PhD, LPC-MHSP
Thad Oliver, PhD, LADAC-II**

“Family Syndromes: Generational Trauma and Addiction ”

The presentation begins with a discussion of trauma and generational precursors that lead to the presentation of mental health symptoms and addictions. Both presenters give first-hand accounts of how addiction is transmitted in their own families with the aid of trauma and co-occurring disorders. The presentation concludes with a discussion of an Internal Family Systems (IFS) approach to counseling and concrete interventions that can help clients and their families.

**TH8 Charles Harper
“Recovery Programs - A In Depth Look at MET”**

Motivational Enhancement Therapy (MET) is a therapeutic approach aimed at helping individuals identify and resolve ambivalence regarding alcohol and other drug use. Also referred to as motivational interviewing, MET focuses on increasing motivation and setting goals.

**TH9 Susan Cunningham, LCSW, LADAC II, MAC, QCS
Walking, Talking and other Healthy Coping Skills**

Professional individuals attend conferences for a variety of reasons. This workshop will provide the opportunity to reflect on goals/reasons for attending the conference and the impact made or missed. Participants will reenergize with a short, slow walk outside with time to talk with colleagues or walk in silence as preferred, then returning to a room where reflection will continue in pairs and all together supporting each other to identify conference takeaways and plans for utilizing information gathered.

**Certificates will be available in the Morgan room at the end of
afternoon workshops**

The Journey Together Conference Welcomes all attendees to YOUR conference this year!

TAADAC mission:

As an association for addiction professionals we educate, advocate, and promote healthy communities for an addiction free Tennessee.



Our special thanks to The Davidson County Sheriff’s Office Color Guard

**The color guard will open the Conference
with the presentation of the Flags
Pledge of Allegiance led by Ilaine Newby
National Anthem led by James Nihan**



Thank you to those who offer the morning meditations:

**Kathryn Benson
Mandy Colburn
Jane Taylor**



**The Middle Tennessee Association for
Addiction Professionals
would like to offer our special thanks and
acknowledge the following benefactors of our
conference:**

TAADAS

**MEMPHIS AND SHELBY COUNTY ADDICTION AND
BEHAVIORAL HEALTH TREATMENT CONSORTIUM**

TN DEPT OF MH AND SA SERVICES

**These generous donors enable us to provide
scholarships to our conference and conference
handouts for our participants.**

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Door Prizes

**Thanks to all who donated door prizes.
*Please enter for door prize drawings at the
registration desk.***

**Only one entry per conference
participant.**

Silent Auction

**This year we will again have this fun event.
Beginning on Tuesday we have a silent auction to benefit
the scholarship program for the 2025 conference.**

**Auction opens Tues. at 1:30 and closes Thurs. at 1:30
Auction items can be picked up after being paid for in the
registration room on Thursday afternoon.**

Conference Planning Committee
Toby Abrams, LADAC II, Conference Chair
Phone # 615-386-3333 x103
Frances Patterson - Conference Co-chair
615-289-4905

Heather Loveland - Registration Chair/Communications
Susan Cunningham - LCSW Liaison/Presenters
Cassie Gray - Exhibitor Chair
Mike Coupe - Exhibitors
Janet Watson - General Duties
Jane Taylor - Auction Chair/Door prizes
Terry Kinnaman - Hospitality/Advertising
James Nihan - AV/Auction
Darleen McClung - Hospitality/Sponsorships
Adjunct committee members:
Floyd Patterson - Badges/Certificates/Webmaster
Clifford Fiedler - Computers
Luke Gray—Hospitality

**In Honor of
Phil Guinsburg, PhD, LADAC II, MAC**

In honor of Phil Guinsburg now and in the future,
MTAADAC has named the yearly conference registration
given away as the Grand door prize “The Phil Guinsburg
Memorial Conference Scholarship”.

Exhibitors

We encourage you to visit exhibitors in the exhibit areas.
**Exhibitors at the Journey Together Conference are not
necessarily endorsed by MTAADAC or the conference.**
Remember to visit the **Saddlebred Room** where TAADAS
is providing books for sale during the conference.

NAADAC/TAADAC Membership

Are you a member of NAADAC, your professional association?
Pick up membership benefits information and an application in the
exhibit area. If you join as a new member during the conference you
will receive a \$50 certificate towards your Journey Together 2025
registration fee.

PLENARY PRESENTER BIOGRAPHIES

Dr. Stephen D. Loyd, MD Tuesday Plenary Speaker

Dr. Loyd is an Internal Medicine/Addiction Medicine physician who graduated from and did his residency at the James H. Quillen College of Medicine at ETSU. He currently serves as the Vice-President of the TN Board of Medical Examiners. Dr. Loyd was the Asst. Commissioner (Opioid Czar) for SA Services in the TN Dept of MH and SA Services in Gov. Bill Haslam's administration. He has served as an expert witness in more than 20 federal and state cases against physicians who were improperly prescribing controlled substances. Dr. Loyd was named an Advocate for Action by the ONDCP, an office of the President of the US. He has delivered over 500 educational lectures on addiction and treatment of OUD and proper prescribing of controlled substances. Dr. Loyd was an original member (still active) of the Treatment of Chronic Pain Guidelines Committee which defined pain treatment for providers in TN. He has worked as an Addiction Medicine Physician in both the inpatient and outpatient settings, specializing in the treatment of opioid dependent pregnant women. He has served on multiple drug courts in TN and remains an active participant in drug court in the 4th Judicial District under Judge Duane Slone. He has worked with multiple community level anti-drug coalitions from Johnson County to Shelby County and has worked with all levels of state law enforcement, mainly the TBI. He currently serves as Chief Medical Officer for Cedar Recovery in TN and is the current Chair of the TN Opioid Abatement Council appointed by current TN Gov. Bill Lee.

Michael Eiden LCSW, LCADC, CSAT, CCS Wednesday Plenary Speaker

Michael is a therapist in private practice in Louisville, KY specializing in treating process addictions and complex trauma. He is also a Certified Sex Addiction Therapist. He facilitates groups, intensives, and education in the areas of traumatic bonding, process addictions, and sexual health. He utilizes experiential therapies and EMDR to help people reclaim their lives. He focuses on helping adults struggling with developmental trauma and PTSD, sex and pornography addiction, recovery from narcissistic abuse & traumatic bonding, drug/alcohol addiction and parents of addicted adults with internet/gaming/screen addictions. Michael is currently completing a PhD program, his doctoral work focused on educating parents on how to effectively address screen and internet addiction in themselves and their children.

Deborah Driggs, PhD, LPC/MHSP, ACS Thursday Plenary Speaker

Dr. Driggs is a highly qualified professional in the field of counseling, with extensive experience as a clinical provider, supervisor, and educator. Her Ph.D. is in Counselor Education & Supervision from Liberty University. She is an Approved Supervisor for LPC in TN. Dr. Driggs has a strong background in higher education, having served as an Adjunct Faculty at Lipscomb University's 2017 to 2020, teaching courses such as Intro to Psychology and Abnormal Psychology, and a Co-Instructor at Liberty University where she taught Group Counseling and Human Growth and Development. In her professional experience, she has worked as a MH Private Practitioner in Rutherford County for many years. Dr. Driggs is the founder of DePriest Center, Inc., a non-profit organization located in Middle and East TN, providing mental health and substance use services at varying levels of care. Serving as President and Clinical Director, she leads the Center's team of approximately 50 members. Her dedication to her profession and commitment to providing exceptional therapeutic and educational experiences are evident in her work and achievements.

WORKSHOP PRESENTER BIOGRAPHIES

Toby Abrams, LADAC II, NCAC II

Ms. Abrams is a past President of TAADAC and currently serves as treasurer for both MTAADAC and TAADAC. Her practice at Psychiatric and Psychological Services in Nashville includes clients from the wealthiest families as well as chronically homeless and addicted men, experiencing the poorest living conditions. This dual perspective affords a unique view of offering strategies for clients in recovery.

Antwon Bailey LADAC, QCS, CRADC

Antwon Bailey has been working in the field of substance use disorders since 2007. He has experience with program management and design with non-profit and private start-up companies. Antwon is currently the CEO of The Bridge to Recovery, and residential workshop in Bowling Green, Kentucky. Antwon is trained in DBT, Brainspotting and psychodrama.

Britney Baker, LADAC II

Britney worked as a program manager for almost 2 years and has been working in the field for over 10 years. She currently works in the local ER for West TN Healthcare and is becoming more knowledgeable of the healthcare system. She has served on the A&D licensure board for almost 2 years and has served as secretary for MTAADAC. She is working toward her Masters degree in MH Counseling at UT Martin.

Kathryn Benson, LADAC II, NCAC II, QSAP, QCS

Kathy has worked in the counseling field since 1972 with an initial emphasis on domestic violence, intervention, and re-parenting of abusive parents. She has specialized in addiction issues since 1978. She maintains a clinical consulting practice in Nashville, TN where she provides therapeutic services, clinical program development, professional education and clinical competency services and clinical supervision services.

Lisa Binkley, HIV Educator

Lisa Binkley works at Nashville Cares in Nashville, TN. She is a visionary leader, a passionate advocate, and a dynamic force for change. With a track record of driving impactful initiatives, Lisa has devoted her career to enhancing her skills and developing innovative strategies that foster both personal and professional growth. Her dedication to supporting organizations in achieving their strategic goals and creating opportunities for growth has made her a standout figure in her field.

Julie Bradley, NCAC II, LADAC II,

Julie is the founder of Wellness and Recovery Group. She is in private practice and has experience as a primary therapist in both residential and IOP settings. With a background in yoga, personal training, and nutritional coaching, she understands the value of a holistic approach to recovery. She is passionate about the benefits of incorporating wellness into her counseling practice through "Walk and Talk" therapy, drum therapy, and yoga.

Lene Brown, LADAC II

Lene is a passionate professional who enjoys putting her creative energy to work helping others to find fulfillment in their lives. She has been working in the field of addiction treatment for over 13 years. Her experience includes non-profit agencies, for-profit agencies, specialty court programs, the criminal justice system, and residential treatment. Lene has managed and directed programs, served as a counselor, group facilitator, and both developed and conducted training. When working with clients she uses a client-centered and strength-based approach. She has training and experience using motivational interviewing, experiential therapy, CBT, DBT, and other modalities.

Jon Buffington, LCSW, LADAC II

Jon is currently in Private Practice in Sewanee, TN. He has worked in Addictions and Mental Health treatment for the past 14 years, coming from a completely different professional background. He is a former clinical director of an Outpatient A&D program, former Outpatient and Inpatient Substance Abuse Counselor and family therapist.

WORKSHOP PRESENTER BIOGRAPHIES

James Campbell, LPC, LAC, MAC, AADC

James has worked professionally in the human services field for over twenty-nine years in a wide range of clinical settings, currently serving as the Training and Technical Assistance Manager for Southeast Addiction Technology Transfer Center. His passion is helping individuals and families heal and build on the strengths they possess. He's a member of both NAADAC and ACA and a past president of APSC/SCAADAC. James is a nationally recognized author and speaker.

Susan Cunningham, LCSW, LADAC II, MAC, QCS

Ms. Cunningham is a past member of the board of Alcohol and Drug Abuse Counselors. She holds national certifications as a Globalcerti Career Development Facilitator with an emphasis in Offender Workforce Development Instructor and Trainer for NIC's Thinking for A Change cognitive behavioral program. She has over 30 years working in a range of settings including hospitals, transitional housing, government and non-profit agencies.

J. David Forbes, M.D., ABIHM

Dr. Forbes is a practicing internist, Past-President of the Academy of Integrative Health & Medicine (aihm.org), the Founder of Nashville Integrated Medicine, and is double-board certified in Integrative/Holistic Medicine. For over 30 years, his work has focused increasingly on experiential counseling in trauma, body-based emotional healing, new models of trauma and addiction, and combining psychotherapeutic and spiritual treatment approaches. He frequently leads emotional healing retreats and counselor training retreats.

Guy Freeman, LADAC II

Guy has worked in the mental health and addiction recovery industry for decades. He met Peter Hodes at the Journey Together 2021 conference and began practicing Tai Chi regularly. He is a daily student at Tai Chi River School.

Charles Harper {Charlz}, LADAC II

Charlz has been in and around the substance abuse field for more than 45 years; 20 of which were on the using side and cost him everything multiple times. He has over 22 years in recovery from substances and has 8 years of recovery from mental health disorders. He has been working in the treatment field since 2008 and earned his LADAC in 2016. Charlz feels that almost everyone is in recovery from something and can build a supportive network through the available resources if they know where to look.

Melanie Hayden M.S.Ed, LADAC II

Melanie has her Master's degree from UT Martin in Clinical Mental Health Counseling. She helped design the Veteran's Therapeutic Community at WTSP, that specifically identifies, and treats veterans with substance use disorders. Since 2022, Melanie has been a Clinical Supervisor at Groups Recover Together. Additionally, she works part-time for DePriest Center in pursuit of clinical hours for LPC-MHSP from 2023 and provides services for Veterans who suffer from SUD and co-occurring disorders within the outpatient setting.

Tommy K. Hindman, MA , LADAC II Candidate

T.K. is the Clinical Director at Renew Clinic located in Knoxville, TN. He completed his B.S. in Human Services at the University of South Carolina and Master's degree in Clinical Mental Health Counseling at Johnson University. T.K. has completed the supervision requirements and is license eligible for his LMFT & LADAC II in Tennessee. T.K. is married and has 4 beautiful kids and lives in Oak Ridge, TN.

Jessica Hirsch, M.Ed., LADAC II, CADC I

Jessica holds a Vanderbilt Master's Degree. As a LADAC II and QCS, she trains clinicians, works in direct client care, individualizes retreats, and provides licensure supervision in her private practice. Her clinical and teaching approaches include person-centered, strength-based, experiential, somatic, brainspotting, art, and live sound healing. Jessica nurtures individual and group empowerment by rooting compassion and empathy at the base of all her practices.

WORKSHOP PRESENTER BIOGRAPHIES

Peter Hodes, MBA

Peter has always been interested in Asian culture. After completing a B.A. in Asian Studies and studying abroad in Japan, he began practicing Tai Chi in 1990 on a beach in Thailand. While pursuing an international M.B.A degree, Peter learned the Professor Cheng's 37-Posture Form. Peter now teaches at various locations in Nashville and live on ZOOM. At this point, Peter has been practicing Tai Chi continuously for 34 years.

Terry Kinnaman, LADAC II, MAC, QCS

Terry is the Clinical Director at Place of Hope in Columbia, TN. He earned a Masters of Divinity from Memphis Theological Seminary. He has worked for over 30 years both as a counselor and director and developed new treatment programs within the criminal offender setting. He is a Certified Relapse Prevention Specialist and certified in Critical Incident Debriefing of Trauma. He serves on the A&D Licensure Board, is current president of TAADAC, and is a recipient of regional and state counseling awards.

Ross Lester, Founder, Everybody Drum Some

Ross is founder of Everybody Drum Some. His mission is to communicate the wonders of rhythm and drums with others and to make the way easy for people to make a joyful song together. For over 10 years, Ross has worked in various settings throughout middle TN with youth groups, recovery groups, at-risk kids, military veterans, churches, schools, and businesses, as well as everyday folks who are drawn to the drum.

Randal Lea, MA, LADAC, QCS

Randal holds a master's degree in Counseling from Trevecca Nazarene Univ. and in Depth Psychology from Pacifica Graduate Institute. He is a certified Mentor of Dream Tending. He is Chief Community Recovery Officer at Cumberland Heights. Randal served 8 years as Asst Commissioner with the TN Dept of Children's Svcs. In 2008, he was recognized by the Praed Foundation as a national "Systems Champion" for implementing a statewide children's assessment for DCS, received the 2010 "Friend of Children Lifetime Achievement Award" from TN Voices for Children and Lifetime Achievement Award from TAADAC in 2021. He is TAADAS Board President.

Amber Luchinno, LCSW, LADAC II

Amber is the Executive Director of Aster Springs Outpatient, a PHP/IOP program in Nashville for adults of all genders struggling with eating disorders and other co-occurring conditions. She has spent 20+ years in the field supporting clients and staff in settings ranging from Correctional facilities, Drug Courts, Non-profits focused on Sexual Assault and Domestic Violence, Universities, and Private Practice. She brings a unique passion and purpose to her work by personally being in recovery from an eating disorder for 24 years.

Mark Loftis, LPC-MH, LPE, LADAC II, MAC

Dr. Loftis is a Professor in the Counseling and Psychology Department at Tennessee Tech University. He is a Licensed Professional Counselor-Mental Health Service Provider, Senior Psychological Examiner-Health Service Provider, LADAC II, and Master Addiction Counselor. Dr. Loftis provides counseling, supervision, consultation, and other mental health services through his private practice within the Upper Cumberland region. He is currently chair of the LADAC licensure board.

Frank Iovine: Life Consultant, Mindfulness Expert and Public Speaker

Frank brings over two decades of experience advocating for mental well-being. Following a career in the New York City Police Department, where he implemented outreach programs and supported community initiatives, Frank transitioned to sharing the transformative power of Stoic philosophy and mindfulness. Trained as a Suicide Support Officer and certified breath coach, Frank combines ancient wisdom with contemporary practices to inspire individuals to navigate life's challenges with resilience and purpose.

Karen Moran, LADAC II, NCAC II, QCS

Karen is a clinician and consultant in Nashville, TN, and has actively promoted wellness, recovery, and professionalism in the treatment community for over thirty years. Recognized for her specialized skills and expertise with substance use disorders, Karen has also provided clinical supervision to over 100 clinicians, spanning over 25 agencies, as well as co-facilitates 8 Domain training with Pleiades Clinical Consulting.

WORKSHOP PRESENTER BIOGRAPHIES

Paul Mulloy, MA, LADAC II

Paul works at Nashville Sheriff's Office as Director of Programs/Grant Coordinator and has worked for the Sheriff's office for 30 years and in his current position for 11 years, which includes Pretrial Release, Day Reporting Program, DUI School, BIP, SAAFE and Transition from Jail to Community. He is a member of the Am Jail Assn, Am Correctional Assn, and N'tl and TN Coalitions Against Domestic Violence. He works with community agencies through an initiative Transition from Jail to Community and with the N'tl Institute of Corrections and Urban Institutes.

James Nihan, LADAC II, NCAC I, ASAT

James has worked in the field of addictions for 20 years. Personal recovery began in 1975 as a teen in Boston and, in 1980, his story was featured in a book published by Rutgers Center of Alcohol Studies. An award-winning songwriter, poet and artist, James often brings music and creative writing into the therapeutic process. He contributed to the popular musical, Nanyehi: The Nancy Ward Story, supported by the Cherokee Nation. As well as counseling others, James has enjoyed a varied career in music for almost five decades and looks forward to sharing his insights.

Thad Oliver, PhD, LADAC-II

Dr. Thad Oliver is a Licensed Alcohol & Drug Abuse Counselor and consultant in the field of addiction and family systems at CADAS in Chattanooga. He serves as consultant to the TN Dept of Health's opioid response efforts in the Southeast TN.

Frances Patterson, PhD, LADAC II, MAC, DAC, SAP, QCS

Frances has worked in the addictions field for 35 years as a counselor, supervisor, program manager and professional trainer. She owns Footprints Consulting Services, LLC, providing professional training, client education, clinical supervision and program consultation. She works part time for the DePriest Center developing and implementing addictions programs. She is a past NAADAC SE Regional Vice President. In 2006 she was honored to receive NAADAC's Professional of the Year award. She self-published her book, *The Addiction Supervisor's Toolbox*.

Tina Reddy LADAC, QCS, NCACI

Tina began her journey at ACTS in Tampa, FL in 1989. She spent some years as a homeschool mom. In 2003 she continued her journey in SUD at New Leaf Recovery in Cookeville, PathFinders in Castalian Springs, Cumberland Heights in Nashville and GateHouse in Madison, TN. Currently she works full time for Cumberland Heights as a Family Counselor, and has a Private Practice in Hendersonville, TN.

Kristen Robinson, LADAC II, NCAC II

Kristen works at Village Behavioral Health in Louisville, TN and created the THRIVE Program to address all types of addictions. She received her undergraduate degree from ETSU and has worked in different levels of treatment. She was a nominee for the Knoxville Sphere Award in 2009 by the City of Knoxville. Kristen received ETAADAC Catherine S. Scarlett Award in 2019.

Jane Taylor, BSW, LADAC II

Jane has worked as an A&D counselor since 1989 and received her LADAC in 2000. She worked for Koala Treatment Center before going to work in treatment in the jail system. She has been working in Family and Juvenile Recovery Courts in Davidson County since 2002 where she is currently the Recovery Court Coordinator. In 2019 she was awarded MTAADAC Counselor of the Year.

Will Taylor, LADAC I, CPRS

Will currently serves as a Faith-Based Community Coordinator for Mid TN Grand Division & Regional Overdose Prevention Specialist for TN through the DMHSAS. He provides Naloxone training and distribution to individuals at high risk of opiate overdose. He creates access points for individuals seeking recovery support. Will works closely with health counsels, recovery courts, and probation & parole officers. Previously he worked as a clinical counselor.

Jodi Vermaas, PhD, LPC-MHSP

Dr. Vermaas is a doctoral-level counselor and counselor educator, executive coach, and Krav Maga/self-defense enthusiast. She is owner of Dark Horse Counseling, specializing in trauma-focused therapy, counselor education, and internal family systems.

CONFERENCE SCHEDULE AT A GLANCE

Tuesday	Wednesday	Thursday
7:30-9:00 Registration	7:30-9:00 Registration	7:30-9:00 Registration
8:45 Opening Ceremonies: Color Guard	8:45 Announcements	8:45 Announcements
9:00 Plenary 1 Stephen Loyd	9:00 Plenary 2 Michael Eiden	9:00 Plenary 3 Deborah Driggs
10:30 BREAK 10:50 Door Prizes	10:30 BREAK 10:50 Door Prizes	10:30 BREAK 10:50 Door Prizes
11:00 Plenary 1 Stephen Loyd	11:00 Plenary 2 Michael Eiden	11:00 Plenary 3 Deborah Driggs
12:30 LUNCH	12:30 LUNCH Regional Meetings	12:30 LUNCH TAADAC meeting and state awards
1:30 Silent Auction Opens	Breakout Sessions	1:30 Silent Auction ends
2-3:30 T1: Stephen Loyd T2: Benson/Patterson T3: Lisa Binkley T4: Licensure Board T5: James Campbell	2-3:30 W1: Michael Eiden W2: T.K. Hindman W3: Frank Lovine W4: Paul Mulloy W5: Jon Buffington	2-3:30 TH1: Deborah Driggs TH2: Jessica Hirsch TH3: Melanie Hayden TH4: Bailey/Reddy TH5: Frank Lovine
3:30 BREAK	3:30 BREAK	3:30 BREAK
4-5:30 T6: Jessica Hirsch T7: Benson/Patterson T8: Charles Harper T9: Lene' Brown T10: James Campbell	4-5:30 W6: Michael Eiden W7: Kristen Robinson W8: Jon Buffington W9: Amber Luchinno W10: Toby Abrams	4-5:30 TH6: Deborah Driggs TH7: Vermaas/Oliver TH8: Charles Harper TH9: Susan Cunningham
6:00-8:00 T11: James Nihan T12: Benson/Patterson T13: Julie Bradley	6:00-8:00 W11: Ross Lester W12: Will Taylor W13: Peter Hodes	5:30 Certificates Distributed

Registration Form
Journey Together Conference
September 2nd, 3rd, 4th, 5th

NAME: _____

MAILING ADDRESS: _____

CITY/STATE/ZIP: _____

EMPLOYER: _____

DAY PHONE: () _____ CELL: () _____

E-MAIL ADDRESS: _____

Indicate which workshops and lunches (included in conference registration fee) you plan to attend:

_____ Tuesday Lunch _____ Wednesday Lunch _____ Thursday Lunch
 Vegetarian meals? _____ Yes _____ No

Please choose only one workshop for each time slot:

Monday, September 2nd Evening Sessions

4:00-5:30 M1 _____ Cunningham/Taylor
 M2 _____ David Forbes
 5:30-8:30 M3 _____ Ethics Panel
 M4 _____ Kristen Robinson

Tuesday, September 3rd

2:00-3:30	T1 _____ Loyd	4:00-5:30	T6 _____ Hirsch
	T2 _____ Benson/Patterson		T7 _____ Benson/Patterson
	T3 _____ Binkley		T8 _____ Harper
	T4 _____ Licensure Board		T9 _____ Brown
	T5 _____ Campbell		T10 _____ Campbell
6:00-8:00	T11 _____ Nihan		
	T12 _____ Benson/Patterson		
	T13 _____ Bradley		

Wednesday, September 4th

2:00-3:30	W1 _____ Eiden	4:00-5:30	W6 _____ Eiden
	W2 _____ Hindman		W7 _____ Robinson
	W3 _____ Lovine		W8 _____ Buffington
	W4 _____ Mulloy		W9 _____ Luchinno
	W5 _____ Buffington		W10 _____ Abrams
6:00-8:00	W11 _____ Lester		
	W12 _____ Taylor		
	W13 _____ Hodes		

Thursday, September 5th

2:00-3:30	TH1 _____ Driggs	4:00-5:30	TH6 _____ Driggs
	TH2 _____ Hirsch		TH7 _____ Vermaas/Oliver
	TH3 _____ Hayden		TH8 _____ Harper
	TH4 _____ Bailey/Reddy		TH9 _____ Cuningham
	TH5 _____ Lovine		

Fee and Payment for Conference

Registration:

Early Bird Rate through August 25

TAADAC Members: \$295 _____
 Non-Members: \$330 _____

Rates after August 25

TAADAC Members: \$315 _____
 Non-Members: \$360 _____

One Day Rate:

TAADAC Members: \$125 _____
 Non-Members: \$150 _____
 Committee member _____
 Presenter _____

Payment: _____ Check/MO _____ Credit Card Visa/MC
 Total \$ _____

For Credit Card Charges:

Card Type: MasterCard _____ Visa _____ AmEx _____ Discover _____

Account Number _____

Expiration Date _____

CVVS _____ (3 digit code on back of card or 4 digit code on front of AmEx)

Billing address including zip code _____

Signature of Card Holder: _____

Register online at WWW.TAADAC.org

**Or Credit card registrations can be phoned in, faxed or mailed to
 Toby Abrams**

Phone: 615-386-3333 ext. 103 Fax: 615-386-3353

**Organizational discount for 5 or more attendees.
 Partial scholarships are available and limited to the first 50 applicants.
 Please fax requests for organizational discounts and scholarships to
 Toby Abram or submit in writing to the address below.**

**Submit completed registration form and payment to:
 MTAADAC 2505 21st Ave. S., Suite 410, Nashville, TN 37212**

Location and Accommodations

Marriott Cool Springs

700 Cool Springs Blvd, Franklin, TN 37067

(615) 261-6100

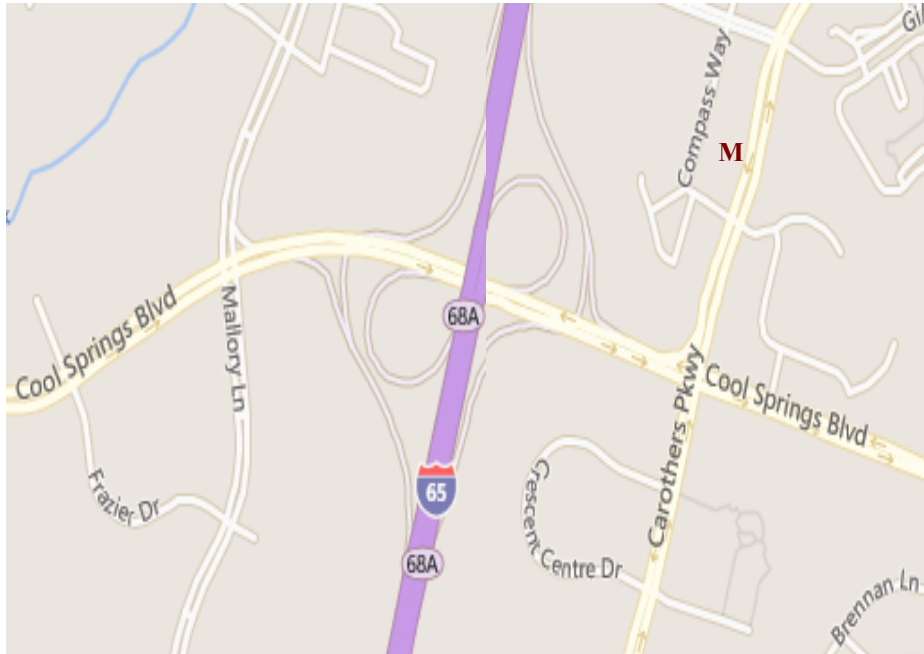
(800) 228-9290

Newly renovated Marriott Cool Springs is just 20 minutes south of Nashville. Unique among hotels in historic Franklin, TN, it is surrounded by upscale shopping, dining and history. Cool Springs Galleria Mall, Crescent Centre and Highwoods are within walking distance or just a short ride away from our Cool Springs hotel. They offer wireless Internet access at no charge and free shuttle service within a five-mile radius. Stave Regional Kitchen and Lounge offers a variety of dining and entertainment options to inspire productivity and interaction at Franklin Marriott Cool Springs. Ask for the Journey Together Conference room rate of **\$145** per night (includes free internet), by **8/23/2023**. Do not delay and miss this early bargain!

Directions

From the south: Follow I-65 north to Exit 68A (Cool Springs Blvd.). Follow signs for Cool Springs Blvd. East. Upon exiting, turn right at the bottom of ramp. Turn left on Carothers Pkwy. Hotel is on the right.

From the Airport: Take I-40 West from Nashville Int'l Airport to I-24 E, to I-440 West. Take I-65 South (to Huntsville). Follow approx. 17 miles. Take exit 68-A to Cool Springs Blvd. East. The hotel is located on the left corner at the first stop light.



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Journey Together Conference

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Nashville, Tennessee 37212

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