



WAIVER & RELEASE FORM

NAME: _____ EMAIL: _____
PHONE: _____
EMERGENCY CONTACT: _____ EM PHONE: _____

You (each member, guest, or participant, teacher) agree that if you engage in any physical exercise or activity, at **Tai Chi River LLC** and **The Studio Belle Meade** or at other locations, you do so entirely at your own risk. You agree that you are voluntarily participating in these activities and use of these facilities and premises, and assume all risks of injury, illness, or death. We are also not responsible for any loss of your personal property.

This waiver and release of liability includes, without limitation, all injuries which may occur, regardless of negligence, as a result of: (a) your use of all amenities and equipment in the facility and your participation in any activity, class, program, personal training or instruction; (b) the sudden and unforeseen malfunctioning of any equipment; (c) our instruction, training, supervision, or dietary recommendations; or (d) your slipping and/or falling while in the club, or on the club premises, including adjacent sidewalks and parking areas. This also includes any negligence associated with the presence of or transmission of any bacteria, viruses, or infectious diseases.

By signing below, you acknowledge that you have carefully read this "waiver and release" and fully understand that it is a release of liability. You expressly agree to release and discharge Tai Chi River, **The Studio Belle Meade**, and all affiliates, employees, agents, representatives, successors, or assigns, from any and all claims or causes of action and you agree to voluntarily give up or waive any right that you may otherwise have to bring a legal action against Tai Chi River, LLC, for negligence, personal injury or property damage. You also agree that this waiver and release also applies to any guests or other participants you bring to **Tai Chi River LLC**; should any such persons bring negligence, personal injury, or property damage claims against **Tai Chi River LLC**, you agree to defend and indemnify **Tai Chi River LLC** and hold **Tai Chi River LLC** harmless against any such claims.

You further agree that if a court of law finds any part of this agreement to be against public policy or in violation of any state statute or legal precedent, then the remainder of this document will remain in full force.

Signed: _____

Printed Name: _____

Dated: ____/____/____